



## **Curriculum Vitae**

**Austin Obichere MD, FRCS, FRCS (Gen)**

## **PERSONAL DETAILS**

**NAME:** Austin Obichere

**AGE:** 46

**DATE OF BIRTH:** 25 / 11 / 64

**NATIONALITY:** British

**CIVIL STATUS:** Married with a daughter Isabel, aged 11 years & Mathew 8 years

**REGISTRATION:** GMC number: 4134617  
MPS number: 240697  
BMA number: 7200256  
Accreditation date (CCST): December 2002.

**CURRENT POST/S:** 1. Consultant Colorectal Surgeon, University College London Hospital (UCLH) NHS Trust & Honorary Senior Lecturer, University College London Colorectal Unit, University College London Hospital NHS Trust.  
2. Clinical Director Bowel Cancer Screening Centre UCLH  
3. Chairman Colorectal Cancer Tumour Board, HCA Hospitals, U.K  
4. Member Surgical Sub-Group-National Cancer Research Institute  
5. Joint Advisory Group (JAG) Accredited Bowel Cancer Screening Colonoscopist  
6. President Elect IA Support Group (Ileostomy and Internal Pouch) Greater London West Chapter

## **EDUCATION**

**SCHOOL:** 1971 - 1975 London Fields, London  
1975 - 1982 Upton House Grammar, London

**UNIVERSITY:** 1982 - 1987 University of Lagos Medical School

**ELECTIVE:** Stanford University Medical Centre, California, USA

**QUALIFICATIONS:** **MBBS** July 1987  
**FRCS (Primary)** April 1991  
**USMLE I & II** September 1992  
**FRCS (Eng / Glasg)** January 1994  
**ATLS (Instructor recommendation)** 1995  
**MD (University of London)** 2000  
**FRCS (Gen)** 2002  
**CCST (General/Colorectal Surgery)** September 2002

**AWARDS / PRIZES:** **1996 Registrar's Prize**  
Awarded 1<sup>st</sup> Prize by the North West Thames  
Surgical Forum for best oral presentation  
**1997 Dansac Colorectal Research Grant**  
Awarded £60,000.00 for research in stoma devices  
**1998 Northwick Park Institute for Medical Research Grant**  
Awarded £10,000.00 for research in colostomy irrigation  
**1998 St. Mark's Academic Institute Research Grant**  
Awarded £10,000.00 for research in novel alternatives to a stoma  
**1999 The British Journal of Surgery Prize**  
Awarded 1<sup>st</sup> Prize by the Association of Surgeons of  
Great Britain & Ireland for best poster presentation  
**2008 Cancer Research U.K / NCRI**  
Awarded £80,000 for two years for ISAAC (Initial Surgery in  
Advanced Asymptomatic Colorectal cancer trial)  
**2010 National Institute of Health Research (NIHR) Grant**  
**Awarded £2million** over 5 years to examine gender and SES  
determinants of FOBT uptake within the NHS colorectal cancer  
screening programme

**MEMBERSHIP OF SOCIETIES:**

Member Surgical Sub-Group (National Cancer Research Institute)

Association of Surgeons of GB & Ireland

Association of Coloproctologists of GB & Ireland

Royal Society of Medicine (Coloproctology Section)

British Medical Association

Medical Protection Society

**SPECIALTY:** Consultant Colorectal Surgeon with specialist interest in Laparoscopic Colorectal Surgery, screening and treatment of colorectal cancer and other diseases of the gastrointestinal tract and pelvic floor

## **PREVIOUS APPOINTMENTS**

**PRE-REGISTRATION**

- September 1988- August 1989      House Officer  
University of Nigeria Teaching Hospital  
Three months each in General Surgery,  
Medicine, Paediatrics and Obstetrics / Gynaecology
- September 1989- January 1990      Anatomy Demonstrator  
College of Medicine Univ. of Nigeria
- August 1990- January 1991      House Officer General Surgery/ Urology  
Mr J Brigg / Mr G Staff  
**Lancaster Royal Infirmary**  
Lancaster

**SENIOR HOUSE OFFICER**

- February 1991- July 1991      Anatomy Demonstrator  
**St George's Hospital Medical School**  
Tooting, London
- August 1991- January 1992      SHO Orthopaedics / Trauma  
Mr J Wenger  
**Harold Wood Hospital, Romford**
- February 1992- July 1992      SHO Accident and Emergency  
Dr Vera Dallos  
**Whipps Cross Hospital, London**
- August 1992 - March 1994      Pre-Fellowship SHO Rotation  
**University of Birmingham**

This scheme based at the University of Birmingham prepared me for the FRCS by offering basic general surgical training in a number of specialities as follows:

- August 1992 - January 1993      SHO General Surgery  
Mr M Morrison / Mr D Campbell  
**Selly Oak Hospital, Birmingham**

**PREVIOUS APPOINTMENTS Continued:-**

- February 1993 - July 1993      SHO General Surgery / Colorectal

Professor M R B Keighley / Mr D Kumar  
Professorial Unit  
**Queen Elizabeth Medical Centre**  
**University of Birmingham**

August 1993 - January 1994      SHO Cardiothoracic Surgery  
Mr R S Bonser / Mr T Graham  
**Queen Elizabeth Medical Centre**  
**University of Birmingham**

February 1994 - March 1994      SHO Orthopaedics / Trauma  
Mr S Bryan  
**Birmingham Heartlands Hospital**

### **POST FELLOWSHIP JUNIOR REGISTRAR**

April 1994 - December 1994      Post Fellowship Junior Registrar  
Mr K R Poskitt / Mr R B Kinder  
Vascular / Urology  
**Cheltenham General Hospital**  
Cheltenham

### **NORTH WEST THAMES HIGHER SURGICAL TRAINING SCHEME (1995-2002)**

December 1994 - December 1995      Specialist Registrar  
General / Urology  
Mr B Ellis / Mr Kulkarni / Mr M Baker  
**Ashford Hospital,**  
Middlesex

January 1996 - September 1996      Specialist Registrar  
General / Colorectal  
Mr DP Sellu  
**Ealing Hospital,**  
Middlesex

October 1996 - September 1997      Specialist Registrar  
Upper Gastrointestinal / Lap / Paediatric Surgery  
Mr J Spencer / Miss S Lakhoo  
**Hammersmith Hospital**

### **PREVIOUS APPOINTMENTS Continued:-**

October 1997 - September 1999      **CLINICAL RESEARCH APPOINTMENT**

(Colorectal Research Fellow)

**St. Mark's Hospital for Intestinal and Colorectal Disorders / Northwick Park Institute for Medical Research**

Clinical research undertaken towards award of MD degree of the University of London

*Supervisors:*

**Professor RKS Phillips / Professor Colin Green**

- October 1999 - September 2000    Specialist Registrar  
Colorectal / Upper GI / Laparoscopic  
Mr PJ McDonald / Mr S Chadwick  
**Northwick Park Hospital**  
Harrow, Middlesex
- October 2000 - March 2001    Specialist Registrar  
Colorectal / GI Surgery  
Mr RG Springall  
**Charing Cross Hospital**  
Fulham / Hammersmith
- April 2001 - February 2002    Resident Surgical Officer (*Colorectal Fellow*)  
**St. Mark's Hospital for Intestinal Diseases and Colorectal Disorders.**  
Professor J Nicholls / Mr CRG Cohen  
Professor RK Phillips / Mr AC Windsor  
Professor JM Northover / Mr P McDonald  
Watford Road, Harrow,  
Middlesex
- March 2002 - April 2002    Colorectal Fellow (*Inflammatory Bowel Disease*)  
**Mount Sinai Hospital, Toronto Canada**  
Working for Professor Z Cohen, Professor R. McLeod and Dr H. McRae  
This is an established exchange program for the Senior Resident Surgical Officer at St. Mark's Hospital.
- May 2002 - September 2002    Specialist Registrar, Laparoscopic / Upper GI Surgery  
Mr AJ Kakkar  
**Hammersmith Hospital,**  
Du Cane Road, London

**PREVIOUS APPOINTMENTS Continued:-**

- October 2002 - March 2003.    Specialist Registrar

Academic Surgical Unit, Colorectal / Laparoscopic  
Professor Sir Ara Darzi / Mr T Rockall / Mr S Gould  
**St. Mary's Hospital,**  
Praed Street, London

April 2003 – June 2003

Locum Consultant Colorectal Surgeon,  
Department of Gastrointestinal Surgery  
Cheltenham General Hospital NHS Trust,  
Sandford Road,  
Cheltenham, GL53 7AN

## **SUMMARY OF SURGICAL TRAINING**

I have enjoyed a broad based surgical training in Teaching as well as District General Hospitals and have gained experience in the elective and emergency management of a variety of conditions in general surgery.

I developed an interest in Coloproctology having spent three years as a registrar in gastrointestinal surgery. I took this interest forward by undertaking a two year research

project at St. Mark's Hospital, evaluating the quality of life of patients following surgical excision of the rectum for benign and malignant disease. During the period spent in research, my clinical duties provided an opportunity to gain expertise in the anatomy and function of the pelvic floor, its investigation (anorectal physiology) and management of disorders affecting the pelvic floor and perineum.

Having completed research, I spent the next eighteen months in a busy district general hospital (Northwick Park) and a teaching hospital (Charing Cross) where I continued to pursue my interest in Coloproctology. In April 2001, I was appointed a Colorectal Fellow at St. Mark's Hospital, a post I held for a year before embarking on an exchange fellowship programme at Mount Sinai Hospital in Toronto, a centre specialising in colorectal / laparoscopic surgery for inflammatory bowel disease.

St. Mark's Hospital is an internationally acclaimed hospital dealing primarily with tertiary Colorectal referrals. The post provided the opportunity to consolidate my experience in colorectal surgery. As the senior colorectal fellow I performed numerous major complex colorectal procedures under supervision and acquired sufficient experience and confidence to practise independently.

As a Senior Specialist Registrar at St. Mary's Hospital, I was exposed to robotic and laparoscopic colorectal surgery, transanal endoscopic microscopic surgery in a Level III unit specialising in minimal access operations.

I had greater clinical freedom and responsibility in my post in Cheltenham as Locum Consultant Colorectal Surgeon. This was a unit that provided a full range of specialist colorectal services to the local community in Cheltenham.

In my current post at UCLH, I have continued to enjoy the clinical freedom and challenge in providing an efficient specialist service in Coloproctology receiving both secondary and tertiary referrals. I have developed the existing service in Colorectal Cancer to meet National Guidelines; and have established a laparoscopic Colorectal Surgery Service at UCLH while maintaining my research interest in colorectal cancer screening, surgical management of advanced colorectal cancer and disorders of the pelvic floor.

## **CLINICAL EXPERIENCE:**

### *Colorectal Surgery*

I have developed a large secondary and tertiary referral practise in Coloproctology offering both open and Laparoscopic Colorectal operations. I am proficient in elective and emergency segmental large bowel resections for benign and malignant disease and have performed over 1000 colorectal resections including total mesorectal excision (TME) for low rectal cancer,

sphincter saving endoanal, ultra-low handsewn as well as stapled colo-anal and colo-pouch anal anastomoses at University College London Hospital. I am conversant with the multidisciplinary approach in the management of advanced primary and recurrent colorectal cancer (On-site radiotherapy, chemotherapy, Radio-frequency Ablation, Liver Surgeon for Colorectal hepatic metastases, diagnostics and colorectal cancer screening) resection, and have participated in several combined procedures (pelvic exenteration) with gynaecologists and urologists in attendance.

As resident surgical officer (RSO) at St. Mark's Hospital, I gained advanced training (level III) in emergency and elective surgery for inflammatory bowel disease. This included resectional surgery for toxic colon, recurrent Crohns disease, restorative proctocolectomy (pelvic pouch) employing both stapled and hand sewn techniques, surgery for intestinal failure including high output entero-cutaneous and other complex abdominal fistulae. I also gained experience in the management of complex fistula-in-ano, sphincter repair for faecal incontinence, rectal prolapse surgery (perineal excision and rectopexy) and the assessment of patients with functional and evacuatory bowel disorders (constipation and megarectum).

I took an active role in several in-house courses on the assessment of pelvic floor disorders including incontinence using anorectal physiology, contrast defaecography, endoanal ultrasound and MRI. I would hope to take my research interest forward to a clinical setting, evaluating novel alternative methods of improving patient quality of life after excision of the rectum for malignant and end-stage benign disease. Given my experience and sub-specialist interest, I would envisage the development and expansion of laparoscopic Colorectal Surgery, in addition to contributing to the existing service in colorectal cancer, inflammatory bowel disease, pelvic floor and functional bowel disorders.

#### *Upper gastrointestinal surgery*

I have performed numerous gastrectomies for benign and malignant disease including bypass surgery for inoperable distal gastric cancer. I have assisted in a number of oesophagectomies for cancer via the thoraco-abdominal approach (Ivor Lewis). I have also performed a number of splenectomies in both an emergency and elective setting.

#### *Minimal access surgery*

I have expertise in laparoscopic cholecystectomy and have performed a large number of on table cholangiograms where indicated. I am proficient in diagnostic abdominal laparoscopy and have gained experience as first assistant in more advanced laparoscopic techniques such as Nissen fundoplication, adhesionolysis and rectopexy. During my post at St. Mary's hospital I gained further experience in advanced laparoscopic techniques in Colorectal Surgery including; stoma formation (ileostomies and colostomies), segmental large bowel resection, reversal of Hartmans's operation, laparoscopic simoid colectomy for diverticular disease and abdomino-perineal excision for inflammatory bowel disease and rectal cancer.

As a Colorectal Fellow at Mount Sinai Hospital in Toronto, I gained experience in advanced laparoscopic abdominal surgery for inflammatory bowel disease including laparoscopic assisted restorative proctocolectomy (ileo-anal pouch formation). I introduced Laparoscopic Colorectal Surgery to University College London Hospital in 2003 and currently perform 60% of all colorectal procedures laparoscopically.

#### *Gastroscopy and colonoscopy*

I am competent in diagnostic and therapeutic endoscopy (OGD and colonoscopy) and a Joint Advisory Group Accredited (JAG) bowel cancer screening colonoscopist. I have performed several therapeutic interventions (balloon tamponade, injection sclerotherapy and banding) for bleeding peptic ulcer and oesophageal varices. I am conversant with the technique of oesophageal dilatation for benign and malignant strictures but happy to refer this to my upper GI surgical colleagues or gastroenterologists who I believe have greater expertise. I am fascinated by the increasing therapeutic role of colonoscopy and have been fortunate to gain experience in more advanced techniques by internationally acclaimed endoscopists at St. Mark's hospital. Such techniques have included endoscopic dilatation of benign and malignant strictures of the colon, and submucosal excision of early cancer. I have expertise in the snaring and cautery of polyps and examination of the colon with dye spray to detect polyposis syndromes. I have performed over three thousand colonoscopies and my caecal intubation rate for the last is 98%.

### **CAREER OBJECTIVE:**

I have pursued my sub-speciality interest in Colorectal disorders including the development and expansion of Laparoscopic Colorectal Surgery. I remain committed to clinical research and medical education and would hope to continue to do so in the foreseeable future.

### **RESEARCH:**

I embarked on a two year research project (October 1997-October 1999) at St. Mark's Hospital evaluating the quality of life in patients with stomas. We were able to demonstrate that patient perception of abnormal body image and stomal incontinence are the two most devastating drawbacks which impair quality of life after excision of the rectum. From this finding, it was conceivable that attempts to overcome these two shortcomings of a stoma might improve quality of life.

I explored new techniques of improving colostomy control by optimising the irrigation method of stomal management. We were able to demonstrate experimentally that polyethylene glycol electrolyte solution was superior to the generally recommended tap

water for colostomy irrigation, and that manipulation of the fluid regimen with pharmacological agents improved the efficiency of washout. These experimental findings were taken forward and were confirmed in subsequent clinical trials.

For the group of patients who require excision of their rectum but are determined to avoid a colostomy, we explored the feasibility of organ transplantation. We were able to show for the first time in an animal model that anorectal transplantation after rectal excision was a technically feasible strategy and may offer a quality of life superior to currently available treatment strategies.

The above work entitled: **“Improving quality of life after surgical excision of the rectum”** was written as a thesis, and I was awarded the degree of Doctor of Medicine (MD) from the University of London. This work has so far resulted in National and International presentations and peer reviewed publications. The project was jointly funded St Mark's Academic Institute, Northwick Park Institute for Medical Research and Dansac Limited, for whose generosity I remain grateful.

I have taken great pleasure in teaching medical students and paramedical staff throughout my training and envisage that my current appointment will enable me to continue in this role.

## **CURRENT RESEARCH PROJECTS**

I lead a team of researchers (scientists & clinicians) conducting several studies in colorectal cancer screening and surgical management of advanced disease.

1. We are investigating the clinical application of a novel method of isolating DNA from stool to screen for Colorectal Cancer. A multicenter study is ongoing looking at this potential new method of bowel cancer screening which appears superior to faecal occult blood testing from preliminary data.

2. I am the Chief Investigator of ISAAC (Initial Surgery in Advanced Asymptomatic Colorectal cancer) a multicentre randomized International clinical trial comparing early surgery followed by chemotherapy versus chemotherapy alone for patients presenting with an asymptomatic colorectal primary with synchronous irresectable liver metastases. This study is funded jointly by Cancer Research U.K and NCRI (National Cancer Research Institute) and we are currently recruiting patients into the trial..

3. I am a joint collaborator with Professor Rosalind Raine (UCL) / Professor Jane Wardle (UCL). Awarded 2 million pounds sterling NIHR grant to examine the role of gender and SES determinants of FOBT uptake within the NHS colorectal cancer screening programme.

## **PUBLICATIONS IN REFEREED JOURNALS:**

1. Protein biomarkers in exfoliated cells collected from the human rectal mucosa: implications for colorectal disease detection and monitoring.

Anderson N, Suliman I, Bandaletova T, **Obichere A**, Lywood R, Loktionov A.  
*Int J Colorectal Dis.* 2011; Jun 23.

2. Inequalities in participation in an organized national colorectal cancer screening programme: results from the first 2.6 million invitations in England.

von Wagner C, Baio G, Raine R, Snowball J, Morris S, Atkin W, **Obichere A**, Handley G, Logan RF, Rainbow S, Smith S, Halloran S, Wardle J.  
*Int J Epidemiol.* 2011; Feb 17

3. Changing management and survival in patients with stage IV colorectal cancer.  
Platell C, Ng S, **O'bichere A**, Tebbutt N.  
*Dis Colon Rectum*. 2011; 54:214-9.
4. Suliman I, **O'bichere A**. Management of the asymptomatic primary in the palliative treatment of metastatic colorectal cancer.  
*Colorectal Dis* 2010; **12**: 267-267.
5. Raine R, Wong W, Scholes S, Ashton C, **Obichere A**, Ambler G.  
Social variations in access to hospital care for patients with colorectal, breast, and lung cancer between 1999 and 2006: retrospective analysis of hospital episode statistics.  
*BMJ*. 2010 Jan 14;340:b5479.
6. von Wagner C, Good A, Wright D, Rachet B, **Obichere A**, Bloom S, Wardle J  
Inequalities in colorectal cancer screening participation in the first round of the national screening programme in England.  
*Br J Cancer*. 2009 Dec 3;101 Suppl 2:S60-3
7. Punwani S, Rodriguez-Justo M, Bainbridge A, Greenhalgh R, De Vita E, Bloom S, Cohen R, Windsor A, **Obichere A**, Hansmann A, Novelli M, Halligan S, Taylor S.  
Mural Inflammation in Crohns Disease: Location-Matched Histologic Validation of Imaging.  
*Radiology* 2009; **252**: 712-20.
8. Taylor SA, Punwani S, Rodriguez-Justo M, Bainbridge A, Greenhalgh R, De Vita E, Forbes A, Cohen R, Windsor A, **Obichere A**, Hansmann A, Rajan J, Novelli M, Halligan  
Mural Crohn's Disease: Correlation of Dynamic Contrast- enhanced MR Imaging Findings with Angiogenesis and Inflammation at Histologic Examination- Pilot Study.  
*Radiology* 2009; **251**: 369-79.
9. Bajwa A, Blunt N, Vyas S, Mckenzie G, Bridgewater J, Hochhauser D, **O'Bichere A**  
Primary tumour resection and survival in the palliative management of metastatic colorectal cancer.  
*Eur J Surg Oncol*. 2009; **2**: 164-7.
10. Nawabi DH, Ffoulkes L, **O'Bichere A**  
Cryptococcal small bowel obstruction in an HIV-positive patient.  
*R Soc Med*. 2005; **11**: 513-4.
11. **O'Bichere A**, Green C, Phillips RKS.  
Randomised cross-over trial of isotonic polyethylene glycol electrolyte solution and water for colostomy irrigation.  
*Diseases of Colon & Rectum* 2004; **47**: 1506-9.

12. Hamour S, **O'Bichere A**, Peters J, McDonald P.  
Patient perceptions of MRSA  
*Ann R Coll Surg Engl.* 2003; **85**: 123-125.
13. **O'Bichere A**, Bossum C, Gangoli S, Green C, Phillips RKS.  
Chemical colostomy irrigation with glyceryl trinitrate solution.  
*Diseases Colon & Rectum* 2001; **44**:1324-1327
14. **O'Bichere A**, Khalil KH, Sellu D.  
Stapled haemorrhoidectomy: pain or gain.  
*British Journal of Surgery* 2001; **88**: 1488-9.
15. Miller M, Macdonald PJ, **O'Bichere A**.  
Small bowel enterolith ileus.  
*Journal of Gastroenterology Hepatology* 2001; **16**: 697.
16. **O'Bichere A**, Shurey S, Sibbons P, Green C, Phillips RKS.  
Experimental model of anorectal transplantation.  
*British Journal of Surgery* 2000; **87**: 1534-39.
17. Khalil KH, **O'Bichere A**, Sellu D.  
A randomised trial of sutured versus stapled closed haemorrhoidectomy.  
*British Journal of Surgery* 2000; **87**: 1352-1355.
18. **O'Bichere A**, Green C, Phillips RKS.  
New, simple approach for maximal pudendal nerve exposure: anomalies and prospects for functional reconstruction.  
*Diseases Colon & Rectum* 2000; **43**: 956-960.
19. **O'Bichere A**, Sibbons P, Dore C, Green C, Phillips RKS.  
Experimental study of faecal continence and colostomy irrigation.  
*British Journal of Surgery* 2000; **87**: 902-908.
20. **O'Bichere A**, Wilkinson K, Rumbles S, Norton C, Green C, Phillips RKS.  
Functional outcome after restorative panproctocolectomy for ulcerative colitis decreases an otherwise enhanced quality of life.  
*British Journal of Surgery* 2000; **87**: 802-807.
21. **O'Bichere A**, DJ Campbell.  
Gastrointestinal: Diaphragm disease.  
*Journal of Gastroenterology Hepatology* 1999; **14**: 1231.
22. **O'Bichere A**, M Laniado, D Sellu.  
Stapled haemorrhoidectomy: a feasible day case procedure.

*British Journal of Surgery* 1998; **85**: 377-8.

23. **O'Bichere A**, D Sellu.

The quality of operation notes: can a simple word processor help.

*Ann R Coll Surg Engl* 1997; **79**: 20-9.

24. Wallace TW, Wong T, **O'Bichere A**, Ellis BW.

Managing in flight emergencies.

*British Medical Journal* 1995; **311**: 374-5.

## **LETTER / CORRESPONDENCE:**

1. **O'Bichere A**, Phillips RKS. Response to comments on: Functional outcome after restorative panproctocolectomy for ulcerative colitis decreases an otherwise enhanced quality of life. *British Journal of Surgery* 2001; **88**: 472.

## **BOOK CHAPTERS:**

1. **O'Bichere A**, Suliman I. Artificial Bowel Sphincters, in 'Artificial Organs'  
Editor: Hakim NS  
Publishers: Springer Lag, Imperial College Press, 2009.
2. Boulos PB, **O'Bichere**. Complications of Colorectal Surgery, in 'Surgical Complications: Diagnosis and Treatment'.  
Editors: Hakim NS, Papalois V.  
Publishers: World Scientific Publishing Co, Imperial College Press, 2005

## **INVITED PUBLICATION:**

1. **O'Bichere A**. Colorectal Cancer II: Multidisciplinary team approach to patient care and treatment. *Capital Doctor* 2005; March: p14-16.
2. **O'Bichere A**. Colostomy Irrigation: past, present and future.  
*Journal British Colostomy Association*; p3-5: November, 1999.

## **SUBMITTED PUBLICATIONS:**

1. Chua, W, Engledow, A, Raptis D, **O'Bichere A**. Comparative study of colonic stenting for intrinsic and extrinsic malignant large bowel obstruction.  
*British Journal of Surgery*

2. **O'Bichere A**, Aves E, Sibbons P, Green C, Phillips RK.  
Stomal irrigation does not alter nitric oxide synthase expression in the colon  
*Colorectal Disease*

## **PUBLISHED ABSTRACTS:**

1. Mural Crohn's Disease: Correlation of Dynamic Contrast- enhanced MR Imaging Findings with Angiogenesis and Inflammation at Histologic Examination- Pilot Study.  
Taylor SA, Punwani S, Rodriguez-Justo M, Bainbridge A, Greenhalgh R, De Vita E, Forbes A, Cohen R, Windsor A, **Obichere A**, Hansmann A, Rajan J, Novelli M, Halligan S. *Radiology* 2009; March 10.
2. Is resection of the primary tumour beneficial in the (palliative) management of metastatic colorectal cancer  
Bajwa A, Blunt N, Vyas S, Mckenzie G, Bridgewater J, Hochhauser D, **O'Bichere A**  
*Colorectal Disease* 2008; 10 (Suppl 1): P151
3. Detection of colorectal cancer by DNA quantification of exfoliated colonocytes.  
Bajwa, A. A.<sup>1</sup>; Raptis, D. A.<sup>1</sup>; Ogunbiyi, O.<sup>2</sup>; Navaratnam, R.<sup>3</sup>; Boulos, P. B.<sup>4</sup>;

**O'Bichere, A.<sup>1</sup>**

*Diseases of Colon & Rectum* 2008; **51**(Suppl): O467

4. Predictive factors of outcome in patients presenting with asymptomatic colorectal primary and synchronous irresectable liver metastases.  
Bajwa A, Blunt N, Vyas S, Mckenzie G, Bridgewater J, Hochhauser D, **O'Bichere A**  
*Colorectal Disease* 2007; **9** (Suppl 1): P051
4. Comparative study of colonic stenting for intrinsic and extrinsic malignant large bowel Obstruction.  
Chua, W, Engledow, A, Raptis D, **O'Bichere A**.  
*British Journal of Surgery* 2007; **94**(Suppl 1): P0120
5. Diathermy training for surgical trainees is inadequate. Will we get our fingers burnt?  
Raptis, D, Engledow, A, Stubbs B, Huang A, **O'Bichere, A**.  
*British Journal of Surgery* 2007; **94**(Suppl 1): P027
6. Stomal irrigation does not alter nitric oxide synthase expression.  
**O'Bichere A**, Green C, Phillips RKS.  
*Diseases Colon & Rectum* 2001; **44** (Suppl 1): P50.
7. Stapled haemorrhoidectomy with absorbable co-polymer staples.  
**O'Bichere A**, Khalil HK, Sellu D.  
*Diseases Colon & Rectum* 2001; **44** (Suppl 1): P30.
8. Randomised cross-over trial of polyethylene glycol electrolyte solution and water for colostomy irrigation.  
**O'Bichere A**, Springall RG, Green C, Phillips RKS.  
*British Journal of Surgery* 2001; **88** (Suppl 1): P024.
9. Long term colostomy irrigation does not alter nitric oxide synthase expression in the colon  
**O'Bichere A**, Green C, Phillips RK.  
*Colorectal Disease* 2001; **3** (Suppl 1): P103.
10. Haemorrhoidectomy with absorbable stapling device.  
**O'Bichere A**, Khalil HK, Sellu D.  
*Colorectal Disease* 2001; **3** (Suppl 1): P125.
11. Randomised controlled trial of Peg and water for stomal irrigation.  
**O'Bichere A**, Springall RG, Green C, Phillips RK.  
*Colorectal Disease* 2001; **3** (Suppl 1): PO30.
12. Chemical colostomy irrigation with glyceryl trinitrate solution  
**O'Bichere A**, Bossom C, Sibbons P, Green C, Phillips RKS.  
*Gut* 2000; **46** (Suppl 11): A82.

13. Closed haemorrhoidectomy: randomised comparison of sutured and stapled technique.  
**O'Bichere A**, Khalil KH, Sellu D.  
*British Journal of Surgery* 2000; **87** (Suppl 1): A051.
14. Colostomy irrigation with GTN solution.  
**O'Bichere A**, Dore' C, Sibbons P, Green C, Phillips RKS.  
*Colorectal Disease* 2001; **2** (Suppl 1): O69.
15. Sutured versus stapled haemorrhoidectomy: a randomised trial.  
**O'Bichere A**, Khalil KH, Sellu D.  
*Colorectal Disease* 2001; **2** (Suppl 1): O64.
16. Anorectal transplantation in a pig model.  
**O'Bichere A**, Sato T, Shurey S, Sibbons P, Green C, Phillips RKS.  
*Colorectal Disease* 2000; **2** (Suppl 1): P102.
17. Improved faecal continence by colostomy irrigation in a pig model.  
**O'Bichere A**, Sibbons P, Green C, Phillips RKS.  
*Colorectal Disease* 2000; **2** (Suppl 1): P101.
18. Experimental model of anorectal transplantation.  
**O'Bichere A**, Shurey S, Sibbons P, Green C, Phillips RKS.  
*Journal of Cellular Pathology* 2000; **5**: 78.
19. Functional outcome after pouch surgery for UC decreases an otherwise enhanced quality of life.  
**O'Bichere A**, Rumbles S, Norton C, Green C, Phillips RKS.  
*Colorectal Disease* 1999; **1** (Suppl 1): O19.
20. Antegrade colostomy irrigation with GTN and Diltiazem solution: a randomised controlled comparison in a porcine model.  
**O'Bichere A**, Sibbons P, Green C, Phillips RKS.  
*Gut* 1999; **44** (Suppl 1): A538.
21. Functional outcome after restorative panproctocolectomy for ulcerative colitis decreases an otherwise enhanced quality of life.  
**O'Bichere A**, Wilkinson K, Rumbles S, Norton C, Green C, Phillips RKS.  
*Gut* 1999; **44** (Suppl 1): A414.
22. Colostomy irrigation: a randomised comparison of infusion regimen and route in a porcine model.  
**O'Bichere A**, Sibbons P, Green C, Phillips RKS.  
*Gut* 1999; **45** (Suppl V): A138
23. Functional outcome after pelvic pouch surgery for UC decreases an otherwise enhanced

quality of life.

**O'Bichere A**, Wilkinson K, Myers C, Green C, Phillips RKS.

*British Journal of Surgery* 1999; **86** (Suppl 1): A069

24. A simple gluteal approach to the pudendal nerve and prospects for reconstruction.

**O'Bichere A**, Green C, Phillips RKS.

*Colorectal Disease* 1999; **1** (Suppl 1): P087.

25. Antegrade colostomy irrigation with glyceryl trinitrate and diltiazem solution: a randomised controlled comparison in a pig model.

**O'Bichere A**, Sibbons P, Green C, Phillips RKS

*Colorectal Disease* 1999; **1** (Suppl 1): P100.

## **PRESENTATION TO NATIONAL & INTERNATIONAL MEETINGS:**

1. Detection of Colorectal cancer by DNA quantification of exfoliated colonocytes.
  - (i) *Tripartite Meeting of Coloproctologists (USA, U.K. & AUSTRALIA), Boston, 2008*
  - (ii) *RSM Coloproctology Section, Overseas Meeting, New York, 2008*
  - (iii) *Association of Surgeons GB & Ireland Meeting, Birmingham, 2008*
2. Is resection of the primary tumour beneficial in the (palliative) management of metastatic Colorectal cancer  
*Association of Surgeons GB & Ireland Meeting, Birmingham, 2008*
3. Survival outcome following chemotherapy versus surgical intervention post-chemotherapy in patients with asymptomatic colorectal primary and synchronous irresectable liver metastases.  
*Royal Society of Medicine, Coloproctology Section, Overseas Meeting in Paris 2007*
4. Predictive factors of outcome in patients presenting with asymptomatic colorectal primary

- and synchronous irresectable liver metastases.  
World Congress of Gastrointestinal Cancers, Barcelona 2007
5. Diathermy training for surgical trainees is inadequate. Will we get our fingers burnt?  
*Association of Surgeons Meeting of Great Britain and Ireland, Manchester 2007*
  6. Comparative study of colonic stenting for intrinsic and extrinsic malignant large bowel obstruction  
*Association of Surgeons Meeting of Great Britain and Ireland, Manchester 2007*
  7. Survival outcome following chemotherapy versus surgical intervention post-chemotherapy in patients with asymptomatic colorectal primary and synchronous irresectable liver metastases.  
*Royal Society of Medicine, Coloproctology Section, Overseas Meeting in Paris 2007*
  8. Improving quality of life after surgical excision of the rectum  
(i) *Mount Sinai Colorectal Group, Toronto March 2002, short paper*
  9. Stomal irrigation does not alter nitric oxide synthase expression in the colon.  
(i) *American Society of Colon and Rectal Surgeons meeting, San Diego, July 2001 poster*  
(ii) *Coloproctologists of GB and Ireland meeting, Harrogate, June 2001 poster*
  10. Stapled haemorrhoidectomy with absorbable co-polymer staples.  
(i) *American Society of Colon and Rectal Surgeons meeting, San Diego, June 2001 short paper*  
(ii) *Association of Coloproctologists of GB and Ireland meeting, Harrogate, June 2001 poster*
  11. Randomised cross-over trial of polyethylene glycol electrolyte solution and water for colostomy irrigation.  
*Association of Surgeons of GB and Ireland meeting, Birmingham, April 2001 poster*  
(i) *Association of Coloproctologists of GB and Ireland meeting, Harrogate, June 2001 short paper*
  12. Histology and techniques of anal transplants.  
*The Industrial Histology Group, Northampton, October 2000 short paper*
  13. Experimental model of orthotopic allotransplantation of the anorectum following abdomino-perineal excision.  
*St. Mark's Association, October 2000, Harrow short paper*
  14. Anorectal Transplantation in a pig model.  
*Association of Coloproctologists of GB and Ireland, meeting, Brighton, July 2000 poster*

15. Improved faecal continence by colostomy irrigation in a pig model.  
*Association of Coloproctologists of GB and Ireland, meeting, Brighton, July 2000*  
**poster**
16. Closed Haemorrhoidectomy: a comparison of sutured and stapled technique.
  - i) *Association of Surgeons of GB and Ireland, meeting, Cardiff, May, 2000* **short paper**
  - ii) *Association of Coloproctologists of GB and Ireland, meeting, Brighton, July 2000*  
**short paper**
17. Chemical colostomy irrigation with glyceryl trinitrate solution.
  - (i) *Royal Society of Medicine Coloproctology Section, Nov. 1999* **short paper**
  - ii) *British Society of Gastroenterology meeting, Birmingham, March 2000* **poster**
  - iii) *American Society of Colon and Rectal Surgeons meeting, Boston, June 2000* **poster**
  - iv) *Association of Coloproctologists of GB and Ireland, meeting, Brighton, July 2000*  
**short paper**
18. Colostomy irrigation: a randomised comparison of infusion regimen and route in a porcine model.  
*United European Gastroenterology meeting, Rome, November 1999* **poster**
19. A prospective randomised controlled comparison of the effect of GTN and diltiazem solution on colonic emptying in a porcine model.
  - (i) *British Society of Gastroenterology Meeting Glasgow, March 1999* **poster**
  - (ii) *Association of Coloproctologists of GB & Ireland meeting, Southport, June 1999*  
**poster**
20. Functional Outcome after restorative panproctocolectomy for ulcerative colitis decreases an otherwise enhanced quality of life.
  - i) *British Society of Gastroenterology meeting, Glasgow, March 1999* **short paper**
  - ii) *Association of Surgeons GB & Ireland meeting, Brighton, May 1999* (**poster prize**)
  - iii) *Association of Coloproctologists of GB & Ireland meeting, Southport, June 1999*  
**short paper**
21. The pudendal nerve revisited: a simple gluteal approach, anomalies and prospects for functional reconstruction.
  - i) *Royal Society of Medicine Coloproctology Section meeting, London, November 1998*  
**short paper**
  - ii) *Association of Coloproctologists of GB & Ireland meeting, Southport, June 1999*  
**poster**
22. Colostomy Irrigation.  
*Irrigation Study Day, Royal College of Physicians, London October 1998* **short paper.**
23. Day surgery and attitude of carers.  
*Good audit / Bad audit and how to make it better, RCS, London, June 1997* **poster**

24. Carers of patients undergoing day surgery: Who cares ?.  
*European Congress on Ambulatory Surgery, London, April 1997 short paper*
25. The Currarino Syndrome.  
*North West Thames Coloproctology Chapter, Northwick Park, March 1997 short paper*
26. Stapled haemorrhoidectomy: a feasible day case procedure **short paper**  
*North West Thames Surgical Club, Barnet, December 1996 (registrars' prize).*
- 27.. The role of colour duplex ultrasound in the management of chronic venous ulcers.  
*South West Vascular Surgeons Meeting Barnstable, November 1995 short paper*
28. Pseudoaneurysm of the profunda femoris artery: A rare complication of hip fracture surgery.  
*South West Vascular Surgeons Meeting Barnstable, November 1995 short paper*

## **PUBLIC APPEARANCE:**

BBC Television *999 programme* Monday January 5<sup>th</sup> 1996 titled: 'Coat Hanger Surgery' .  
A TV documentary representing events leading to and following the in-flight management of a passenger with tension pneumothorax.

Wallace TW, Wong T, **O'Bichere A**, Ellis BW, published an article titled: Managing in flight emergencies in the *British Medical Journal* 1995; **311**: 374-5 which led to a reappraisal and new guidelines for the management of medical emergencies at altitude. These guidelines are now an integral part of core subjects for basic surgical trainees (Royal College of Surgeons of England).

## **TEACHING / ACADEMIC ACTIVITIES:**

1. Royal College of Surgeons Tutor / Director, Basic Surgical Training, **University College Hospital London**

2. Committee member London Deanery for Intergrated Surgical Curriculum Project (ISCP)
3. Tutor, Undergraduate Surgery, **Royal Free and University College Medical School, University College London**
5. Tutor **St. Mark's Postgraduate Teaching Faculty (1997-1999).**
6. Tutor, **The St. Mark's Advanced Colorectal Workshop (1997-2001)**
- 7 Tutor, **Care of the Critically Ill Surgical Patient**  
Two courses per annum (Royal College of Surgeons) at Northwick Park Hospital.
8. Tutor, **Hammersmith Hospital MRCS / FRCS course**  
Lecture course held annually to prepare candidates for the college examination
9. Tutor, **Northwick Park final MBBS course**  
This intensive two day course is held annually at Northwick Park prior to the final MB examination of medical students from St. Mary's Hospital (Imperial College).

## **COURSES ATTENDED:**

- June 1995 Comparative Audit Meeting (RCS England)
- Oct 1995 Advanced Trauma Life Support (ATLS) Certification, Chichester.
- Aug 1996 Basic / Intermediate Laparoscopic Skills Course Guildford, Surrey
- Oct 1997 Northwick Park Microsurgery Workshop Certification (RCS England)
- Oct 1999 Advanced Laparoscopic Coloproctology Course, Hamburg, Germany
- April 2000 3<sup>rd</sup> International Colonoscopy Masterclass, St. Mark's Hospital, London
- May 2000 4<sup>th</sup> International Gwent Hernia Masterclass, Royal Gwent Hospital, Wales
- Oct 2000 Wyeth Gastroenterology Symposium, Nice, France
- Mar 2001 M62 Coloproctology Course, Yorkshire, Lancashire Border.

- Nov 2002 Medical Management Course for Medical Registrars, Hammersmith, London.
- Oct 2003 Procedure for Prolapse & Haemorrhoids (PPH), Master Unit, Liverpool.
- Nov 2003 European Laparoscopic Colorectal Surgery Days, Hamburg, Germany
- Feb 2005 Laparoscopic Colon Surgery, Toronto, Canada
- Apr 2005 Recruitment and Selection for Consultants, UCLH, London
- Mar 2006 National MDT TME development programme, Basingstoke
- Feb 2007 Laparoscopic Hernia Course, Hamburg, Germany.

## **ADMINISTRATION:**

In all my posts, I have enthusiastically participated in Clinical Governance because it is a vital process allowing the clinician to define aspects of patient care that require improvement and to direct new strategies towards achieving excellence in service provision. In my current post I have ensured the prompt dictation and dispatch of letters / discharge summaries to medical colleagues, patients and particularly General Practitioners, as communication with them is so important.

I am the University College London Hospital Trust Lead for Modernising Medical Careers in General Surgery and have contributed to developing an effective training programme for surgical trainees within the confines of the European Working Time Directive (EWTD).

## **HOBBIES AND INTERESTS:**

I am a keen football fan and played and captained my school, district and University teams. I enjoy playing squash and participating in most outdoor activities. I am computer literate and can cope with most basic softwares. The little spare time I have, I spend with my wife, our daughter Isabel who is ten and our son Mathew who is seven years old.

## **REFEREES**

The following have kindly agreed to act as referees

### **Professor Robin Phillips**

Consultant Coloproctologist

St. Mark's Hospital,

Watford Way.

**Professor K Mokbel**

Consultant General Surgeon

The Princess Grace Hospital,

Nottingham Place,

London W1