
CURRICULUM VITAE

HOSSAM IBRAHIM ABDALLA

NAME: HOSSAM IBRAHIM ABDALLA

SEX: Male

PLACE OF BIRTH: Illinois, USA.

NATIONALITY: Egyptian and American.

MARITAL STATUS: Married with two children.

MEDICAL EDUCATION: Baghdad Medical School,
University of Baghdad, Iraq.

QUALIFICATIONS: M.B.Ch.B. 1977 (Baghdad)
M.R.C.O.G. July, 1983.

REGISTRATION: Full REGISTRATION with General Medical
Council

PRESENT APPOINTMENTS

Co-Director
Lister Fertility and Endocrine Centre,
Lister Hospital
London

Consultant Gynaecologist
Chelsea & Westminster Hospital
London

PREVIOUS APPOINTMENTS

- Dec 1977 - Dec 1978 : Rotatory Internship in Medicine ,
Surgery, Obstetrics and Gynaecology.
Yarmouk Teaching Hospital, Baghdad .
- Jan 1979 - May 1979 : Full Time course in Basic Sciences ,
Royal College of Surgeons of Ireland .
- Feb 1980 - July 1980 : Senior House Officer in General Surgery
Stobhill General Hospital,
Glasgow.
- Aug 1980 - July 1981 : Senior House Officer in Obstetrics &
Gynaecology,
Stobhill General Hospital,
Glasgow.
- Aug 1981 - July 1982 : Registrar in Obstetrics and Gynaecology
Stobhill General Hospital,
Glasgow.
- Aug 1982 - Jan 1983 : Honorary Registrar in Clinical
Endocrinology. Department of Medicine,
University of Glasgow, and
Research Assistant, Menopause Clinic,
Western Infirmary, Glasgow.
- Feb 1983 - March 1985: Registrar in Obstetrics and Gynaecology
Stobhill General Hospital,
Glasgow.
- March 1985 - Feb 1986: Research fellow in Reproductive
Endocrinology and I V F at the Cromwell
Hospital, and subsequently at the
Humana Hospital Wellington, London
Concurrently,

Honorary Lecturer in Obstetrics &
Gynaecology, University College Hospital
London.

March 1986 - Dec 1987:

Infertility and IVF specialist
Cromwell Hospital,
London.

CLINICAL EXPERIENCE

Obstetrics and Gynaecology

I am experienced in all aspects of ante and post natal care and of all routine and emergency labour ward work. I am also experienced in prenatal counselling with regard to congenital abnormalities, especially in relation to neural tube defects and other aspects of serum maternal alpha-fetoprotein screening programme.

I have managed most of the major and minor gynaecological conditions and have performed all the major gynaecological operations, with the exception of radical surgery for malignant diseases. I have wide experience of use of the laparoscope both for diagnostic and definitive procedures. During the last 5 years I have performed more than 2500 laparoscopies on patients who have had multiple laparotomies and who have a wide range of pelvic pathology resulting in their infertility. I have also conducted multiple pelvic operations through the laparoscope; this includes salpingectomies, myomectomies, adhesolysis and ovarian cystectomies.

Infertility and Assisted Conception

I have over 5 years experience in the infertility service.

From March 1985 to February 1986 I worked with Professor Ian Craft as a Research Fellow in the IVF Units of the Cromwell Hospital and the Humana Hospital Wellington, London and as an Honorary Lecturer in Obstetrics and Gynaecology at the University College Hospital. During this period I have learned all aspects of In Vitro Fertilisation and Assisted Conception.

From March 1986 till December 1987 I was the Infertility and IVF specialist at the Cromwell Hospital, London. I introduced the GIFT procedure to the programme and during this period I have conducted assisted conception treatment on no less than 450 patients with an overall pregnancy rate of 25%. Concurrently I was a research fellow attached to the department of reproductive endocrinology in the Middlesex Hospital with Professor Howard Jacobs.

From January 1988 I became Co-Director of the Lister Fertility and Endocrine Centre working in association with Mr John Studd. Since this time the Clinic has become one of the best known and respected centres in the UK. The Clinic has been actively involved in research in all aspects of assisted conception and many publications and presentations have resulted from this work. We have pioneered new approaches for both ovulation induction and for oocyte donation. Our research resulted in the birth of the World's first baby conceived from frozen thawed donated embryo transferred back to the tubes by the ZIFT technique. More recently we have collaborated with the department of Neuroendocrinology of Charing Cross Hospital.

The Clinic, currently among the biggest centres in the UK has provided 1700 treatment cycles of Assisted Conception in the last three years. The Clinic has the world's largest series of oocyte donation pregnancies (we have performed 259 treatment cycles between 1988-1990 with an overall success rate of 30%). The Clinic also treats other aspects of infertility treatment and other areas of Reproductive Endocrinology including the menopause and premenstrual tension. It has always been chosen by the Royal College of Obstetricians and Gynaecologists as one of the main training centres for assisted conception.

The Menopause

For two and half years I was associated with the running of the Menopause Clinic both in Stobhill General Hospital and in the Western Infirmary, Glasgow. These are twice weekly research clinics which have been established since 1968 and are the largest menopause clinics in Scotland and they review on average about 60 patients per week. For six months of these two years I was attached to the clinic as a Research Assistant and Honorary Registrar in Clinical Endocrinology. My work in this clinic has given me insight into the problems of menopause and their treatment. I have also gained wide experience with the use of different hormonal preparations and with the detailed follow-up of hormonal replacement therapy. For the last 2 years I have been involved in the running of the menopausal clinic at The Lister Hospital in association with Mr John Studd.

Clinical Endocrinology

I have experience in the diagnosis and the management of general endocrinological disorders. During my 6 months as an Honorary Registrar in Clinical Endocrinology I managed patients with different endocrinological disorders, including thyroid disease, hyperprolactinaemia, Cushing's syndrome and acromegaly. I have gained experience in both in-patient and out-patient investigations, including follow-up of these patients.

Psychosexual Medicine

Between 1983 and 1985 I was responsible for the running of the Psychosexual Clinic in Stobhill Hospital Glasgow. This was once weekly clinic where I treated couples with sexual dysfunction, including vaginismus, orgasmic dysfunction, loss of libido and dyspareunia . the patients were referred by my consultant colleagues and I have used both behavioural and hypnotherapy for the treatment of these couples .

MEMBERSHIP OF LEARNED SOCIETIES:

1. European Society of Human Reproduction and Embryology
2. American Fertility Society
3. British Fertility Society
4. British Society of Medical and Dental Hypnosis
5. British Menopausal Society

PUBLICATIONS

(A) Published :

1. Abdalla HI, Baber R, Kirkland, Leonard T, Power M, Studd JWW

A report on 100 cycles of oocyte donation; factors affecting the outcome

Human Reproduction ,5, 8, 1018, 1990

2. Abdalla HI, Ahuja KK, Leonard T, Morris NN, Honour JW, and Jacobs HS.

Comparative trial of luteinizing hormone-releasing hormone analog/human menopausal gonadotropin (hMG) and clomiphene citrate/hMG in an assisted conception program

Fertil. Steril. 53:473, 1990

3. Abdalla HI, Baber RJ and Studd JWW

The Active Management of Infertility

In:Progress in Obstetrics and Gynaecology Vol. 8
Edited by Studd J W W (ed)
Churchill Livingstone, London 1990

4. Burton G, Abdalla H, Studd JWW

Problems of recruiting ovum donors

Br J Hospital Medicine (ed), 44, 239, 1990

5. Power M, Baber R, Kirkland A, Leonard T, Abdalla H, Studd J

A comparison of the attitudes and opinions of volunteer donors and infertile patient donors on an ovum donation programme.

Human Reproduction, 5, 3, 352-355, 1990

6. Abdalla H, Baber R, Leonard T, Kirkland A, Mitchell A, Power M, Owen E, and Studd JWW

Timed oocyte collection in an Assisted Conception programme using LHRH analogue

Human Reproduction, vol. 4, No. 8, pp.927-930, 1989

7. Abdalla H I, Baber R J, Kirkland A, Leonard T and Studd JW.

Pregnancy following premature ovarian failure using tubal and intra uterine transfer of cryopreserved zygotes.

Br J Obstet Gynaecol 96, 9, pp.1071-1075, 1989

8. Baber RJ and Abdalla HI

Ovum Donation

Br Jr Hospital Medicine 1989

9. Abdalla HI, Ahuja KK, Leonard T, Morris NN

The value of IVF/ET in patients undergoing treatment by the GIFT procedure

Human Reproduction 3, 944, 1988

10. Abdalla H, Leonard T, Baber R, Kirkland A, Stocker P A R,
Owen E C, Studd J W W.

In vitro fertilisation. (Ltr)

Br. Med. J. 296: 1470 1988

11. Abdalla H and Leonard T

Cryopreserved zygote intrafallopian transfer for anonymous
oocyte donation.

Lancet 1; 835, 1988 (Ltr)

12. Studd JWW and Abdalla HI

Planed cycles for IVF and GIFT (Ed)

Br Jr of Obstet. and Gynaecol. 95,1217 , 1988

13. Dooley M, Abdalla H, Studd J

Gamete Intrafallopian Transfer

In: Contemporary Obstetrics and Gynaecology
Ed by Chamberlain GVP
1988

14. Homburg R, Eshel A, Abdalla HI, Jacobs HS

Growth Hormone facilitates ovulation induction by
Gonadotrophins

Clinical Endocrinol. 29; 113 - 117, 1988

15. Abdalla HI, Ah-Moye M, Brinsden P, Lim-Howe D, Okonofua F, Craft I.

The effect of the dose of Human Chorionic Gonadotropin and the type of Gonadotropin stimulation on oocyte recovery rates in an IVF programme.

Fertil and Steril 48: 958, 1987

16. Abdalla, H.I., Beastall, G.H., Fletcher, C.D., Hawthorn R., Smith R.J., Hart D.M.

Sex Steroid Replacement in Postmenopausal Women: Effects on Thyroid Hormone Status.

Maturitas 1987

17. Abdalla HI, Ahuja K, Morris N, Lynn J

Primary abdominal and intra-uterine pregnancy following GIFT (Ltr)

Lancet, ii, 1153, 1986

18. Abdalla HI, Hart DM, Lindsay R, Beastall GH.

Organon OD14 and Menopausal Dynamic Hormone Profiles.

Maturitas 8, pp 81-85, 1986.

19. Barlow DH, Abdalla HI, Leggate I, McIntosh W, Al-Azzawi F, Hart DM.

Long term Hormone Implant Therapy Prevention of Osteoporosis.

Obstetrics & Gynaecology vol. 67 no.3 1986

20. Abdalla HI.

The Patho-physiology of Hot Flushes. (Review article)

Obstetrical & Gynaecological Survey Vol. 40, 6, 1985.

21. Abdalla HI, Hart DM, Lindsay R, Leggate I, Hooke A.

Prevention of Bone Mineral Loss in Postmenopausal Women by Norethisterone.

Obstetrics & Gynaecology 66, P. 789-792, 1985.

22. Abdalla HI, Hart DM, Lindsay R.

Differential Bone Loss and Effect of Long Term Oestrogen Therapy According to The Time of Introduction of Therapy after Oophorectomy

In Osteoporosis: Proceeding of Copenhagen International meeting on Osteoporosis.

Edited by Christiansen p. 621-623. 1985.

23. Hart DM, Abdalla HI, Lindsay R.

Preservation of Bone Mass in Postmenopausal Women during Therapy with Oestrogen and Progestogen.

In Osteoporosis: Proceeding of Copenhagen International meeting on Osteoporosis.

Edited by Christiansen p. 697-699 1985

24. Hamilton M, Abdalla HI, Whitfield CW.

The Significance of Raised Maternal Serum Alpha-fetoprotein in Singleton Pregnancies with Normally Formed Foetuses.

Obstetrics & Gynaecology 65. , P. 465-470. 1985

25. Barlow D, Beastall GH, Abdalla HI, Ilias-Jones J, Lindsay R, Hart DM.

The Effect of Long-term Hormone Replacement on Plasma Prolactin Concentration in Women after Oophorectomy.

British Medical Journal vol. 290, P. 589-590 1985

26. Abdalla HI, Hart DM, Beastall GH.

Reduced Serum Free Thyroxin Concentration in Postmenopausal Women receiving Oestrogen Treatment.

British Medical Journal . Vol. 288,P. 754-755 1984

27. Abdalla HI, Beasstall GH, Hart DM.

The Effect of Oestrogen (Mestranol) on the Thyrotrophin (TSH) Response to Thyrotrophin Releasing Hormone (TRH) in Postmenopausal Oophorectomised Women.

Clinical Endocrinology. 21 P. 65-69. 1984.

28. Farish E, Fletcher CD, Hart DM, AL-Azzawi F, Abdalla HI, Gray CE.

The Effect of Hormone Implants on Serum Lipoproteins and Steroid Hormones in Bilaterally Oophorectomised Women.

Acta Endocrinologica. 106, P.116-120. 1984

29. Hart DM, and Abdalla HI.

Treatment of Flushes and Disturbed Sleep. (Review article)

Mims Magazine. July , p.12-17 1983

(B) Accepted For Publication (In Press)

1. Johnson MR, Abdalla HI, Alliman ACJ, Wren M, Kirkland A, Lightman SL

Relaxin levels in Ovum Donation Pregnancies
Fertil. Steril. 1991

2. Baber RJ, Abdalla HI and Studd JWW.
The Premature Menopause

In:Progress in Obstetrics and Gynaecology Vol. 9
Edited by Studd J W W
Churchill Livingstone, London. 1991

ADDRESSES TO SOCIETIES AND MEETINGS:

Oocyte Donation for the premature menopause
Lecture to the Advanced Course in Infertility and Assisted
Conception
Kings College Hospital, London, December, 1990

Oocyte donation, factors affecting the outcome in 152 cycles
The second joint meeting of the European society of Human
reproduction and Embryology and the European Sterility
Congress Organisation. Milan August, 1990

Failed IVF patients. Who should receive oocyte donation ?
The second joint meeting of the European society of Human
reproduction and Embryology and the European Sterility
Congress Organisation. Milan August, 1990

Comparison of the attitudes of volunteer donors and recipients to oocyte donation

The second joint meeting of the European society of Human reproduction and Embryology and the European Sterility Congress Organisation. Milan August, 1990

High pregnancy rates following transfer of frozen thawed zygotes on an ovum donation programme.

The XIII World Congress on Fertility and Sterility Marrakesh 1-6 October 1989

The prognostic value of the number of oocytes collected and the IVF rate of extra oocytes in a GIFT cycle.

The XIII World Congress on Fertility and Sterility Marrakesh 1-6 October 1989

Attitudes towards egg donation of volunteer donors on an ovum donation programme.

The XIII World Congress on Fertility and Sterility Marrakesh 1-6 October 1989

Report on the first 100 cycle of oocyte donation

Poster presentation to the Silver Jubilee British Congress of Obstetrics & Gynaecology , London July 1989

[Awarded Second Prize for Best Poster Presentation]

Timed oocyte collection in an Assisted Conception programme using LHRH analogue

European society of Human reproduction and Embryology. 5th Annual Meeting, Malmao 1989

Successful pregnancies following transfer of frozen thawed zygotes on an ovum donation programme.
European society of Human reproduction and Embryology.
5th Annual Meeting, Malmao 1989

The prognostic value of the number of oocytes collected and the in vitro fertilisation rate of extra oocytes in a GIFT cycle.
European society of Human reproduction and Embryology.
5th Annual Meeting, Malmao 1989

High pregnancy rates following transfer of frozen thawed zygotes on an ovum donation programme.
VI World Congress of In Vitro Fertilization and Alternate Assisted Reproduction. Jerusalem, Israel, 1989.

Delayed oocyte collection with LHRH analogue improves cost effectiveness and success rates of assisted conception programmes.
VI World Congress of In Vitro Fertilization and Alternate Assisted Reproduction. Jerusalem, Israel, 1989.

Attitudes towards egg donation of volunteer donors on an ovum donation programme.
VI World Congress of In Vitro Fertilization and Alternate Assisted Reproduction. Jerusalem, Israel, 1989.

Success rates of IVF & GIFT
Gynaecological Endocrinology seminar
The Royal Society of Medicine, London, U.K., 1989

Oocyte Donation for the premature menopause
Lecture to the annual Course in Assisted Conception
Kings College Hospital. London, 1989

Reduced fetal loss with the use of the LHRH Analogue in an
assisted conception Programme.
European society for Human reproduction and Embryology. 4th
Annual meeting, Barcelona 1988
Improved pregnancy rates and clinical efficiency in an
IVF/Gift programme using LHRH analogue.
European society of Human reproduction and Embryology.
4th Annual Meeting, Barcelona 1988

Frozen zygote intra fallopian transfer (ZIFT) for oocyte
donation.
European society for Human reproduction and Embryology.
4th Annual meeting, Barcelona 1988

Greater success and improved efficiency in an In vitro
fertilisation programme with the Mandatory use of LHRH
Analogue.
F.I.G.O. World Congress Rio de Janeiro 1988.

Delayed oocyte collection with LHRH analogue on an assisted
conception programme.
British Fertility Society Meeting, London, December 1988

IVF as a diagnostic test for gamete quality in patients
undergoing treatment with the GIFT procedure"
To the 3rd meeting of the European Society of Human
Reproduction and Embryology. Cambridge , 1987

The effect of the dose of Human Chorionic Gonadotrophin and the type of gonadotrophin stimulation on oocyte recovery rate in an IVF programme
To the 24th. British Congress of Obstetrics & Gynaecology.
Cardiff, April 1986

Determinants of Bone Loss and Bone Response to Oestrogen Therapy in Postmenopausal Women.
To the 4th International congress on the Menopause.
Florida November, 1984.

Differential Bone Loss and Effects of Long-term Oestrogen Therapy According to Time of Introduction of Therapy after Oophorectomy.
To Copenhagen International Symposium on Osteoporosis.
June 3-8, 1984.

[FIRST PRIZE FOR BEST SCIENTIFIC PRESENTATION]

Osteoporosis, pathogenesis and Treatment
Poster presented (by invitation) to The Scientific Exhibition during the 32nd Annual Meeting of American College of Obstetrics and Gynaecology. San Francisco, California. May 5-10, 1984.

[FIRST PRIZE FOR BEST SCIENTIFIC PRESENTATION]

Osteoporosis and the Older Woman - A cause for Concern.
The 'Well-Woman' Symposium held at St. James's University Hospital, Leeds. April 1984.

The Pathophysiology of Hot Flashes
To Clinical Biochemistry meeting Glasgow Royal Infirmary.
Glasgow, February 1984

Raised Serum Maternal Alphafetoprotein as Indication of
High Risk Pregnancy.
To Obstetrical and Gynaecological society Registrars night
Glasgow January 1982.

Referees

Mr John W W Studd
Consultant Obstetrician and Gynaecologist
Kings College Hospital,
Denmark Hill,
London
SE22

Dr David M Hart
Consultant Obstetrician and Gynaecologist
Stobhill General Hospital
Glasgow
G21 3UW

Professor Howard S Jacobs
Professor of Reproductive Endocrinology
Middlesex Hospital,
Mortimer street,
London WC1