

CURRICULUM VITAE

PROFESSOR JANICE RYMER

MD FRCOG FRANZCOG ILTM

DATE OF BIRTH: 23rd July 1958

EDUCATION:

1970-1975 - Diocesan School for Girls Auckland, New Zealand

1975 ..- Dux of School, Head Prefect

1976-1981 - Auckland School of Medicine, New Zealand

QUALIFICATIONS:

1978 - Bachelor of Human Biology, Auckland

1981 - MB ChB, Auckland

1983 - DRCOG

1987 - MRCOG

1988 - MRNZCOG

1990 - FRANZCOG

1991 - Accreditation for Higher Training, RCOG

1994 - MD, Auckland

2002 - ILTM (Member of Institute of Learning and Teaching)

2005 - FRCOG

REGISTRATIONS:

1982 - New Zealand Medical Council

1986 - General Medical Council

SOCIETIES:

- Blair Bell Research Society
- South East Thames Gynaecological Society
- Society of British Gynaecological Endoscopy
- British Menopause Society
- International Society of Gynaecological Endocrinology
- International Menopause Society
- Gynaecological Research Society

EXTRAMURAL POSITIONS:

- Examiner for DRCOG – 1992 – 1996
- Member, DRCOG Examination Committee – 1992 – 1996
- Examiner for MRCOG Part II – 1996 -
- Chairman, MRCOG Part II, Oral Examination Committee – 1998 – 2001
- Member, RCOG Examinations Committee – 1998 – 2001
- Deputy Chairman, Year IV Committee, GKT – 1996 – 2001
- Chairman, RSH Block Committee, GKT – 1996 – 2001
- Member, GKT Education Committee – 1991 – 2000
- Member of SIFT committee, GKT – 1998 – 2001
- Council Member - British Menopause Society – 1997 – 2002
- Member - RCOG Committee for Implementation of Structured Training – 1995 – 1997
- External Examiner: Birmingham University – 1996 – 1999
Manchester University – 1999 – 2002
Imperial College – 1999 -
Queen Mary, University of London – 2001 – 2004
Royal Free Hospital, University College London – 2001 – 2004
St George's Hospital 2005 -
- Member, RCOG Appeals Committee – 1999 – 2005
- Member of RCOG Council 1999 – 2005
- Member of RCOG Standards Board – 2001 – 2004
- Member of RCOG Finance and Executive Group – 2001 – 2002
- Member of Editorial Board – Journal of Obstetrics and Gynaecology – 2002 –
- Member of RCOG Services Committee – 2002 – 2005
- Member of GMC team to assess Hull and York Medical School – 2001 –
- Convenor of Part II MRCOG Courses at RCOG – 2002 – 2005
- Continuing Professional Development Officer of RCOG – 2005 –
- Member of RCOG PMETB Equivalence Board – 2005 –
- Member of PMETB Appeals Board – 2005 -

PRESENT APPOINTMENT:

Professor of Obstetrics and Gynaecology, King's College London School of Medicine – 2005 -

PREVIOUS APPOINTMENTS:

- April 2004 - 2005 - Senior Lecturer/Honorary Consultant, King's College London
- Dec 1991 - April 1994 - Locum Consultant, Guy's Hospital, London
- Aug 1989 - Nov 1991 - Senior Registrar in Obstetrics/Gynaecology, Guy's Hospital, London.
- Mar 1989 - Aug 1989 - Research Fellow/Lecturer, Guy's Hospital, London.
- Feb 1988 - Mar 1989 - Registrar in Obstetrics and Gynaecology, Guy's Hospital, London.
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- Mar 1987 - Jan 1988 - Registrar in Obstetrics and Gynaecology, Wycombe General Hospital, High Wycombe, Buckinghamshire, UK.
- Jun 1986 - Mar 1987 - Registrar in Obstetrics and Gynaecology, National Women's and Middlemore Hospitals, Auckland, New Zealand
- Dec 1985 - Jun 1986 - Registrar in General Surgery (RCOG Elective) Northland Base Hospital, Whangarei, New Zealand
- Dec 1984 - Dec 1985 - Registrar in Obstetrics and Gynaecology, National Women's Hospital, Auckland
- May 1984 - Nov 1984 - Senior House Officer in Obstetrics/Gynaecology, National Women's Hospital, Auckland
- Nov 1983 - May 1984 - Medical Officer in Obstetrics and Gynaecology, Rumah Sakhit Emmanuel, Bandung, Indonesia
- May 1983 - Nov 1983 - Senior House Officer in Paediatrics/General Medicine (RCOG Elective) Auckland Hospital Board, New Zealand
- Nov 1982 - May 1983 - Senior House Officer in Obstetrics/Gynaecology, Middlemore Hospital, Auckland
- Nov 1981 - Nov 1982 - House Officer in Surgery and Medicine, Auckland Hospital Board

The activities I have pursued are listed below under the following sections:

1. Clinical experience
2. Teaching
3. Research
4. Publications
5. Scientific Meetings
6. Administration
7. Standing in the profession

1. CLINICAL EXPERIENCE

Basic Training

My basic postgraduate training was done in New Zealand in the National Women's Hospital (5,000 deliveries annually), an extremely busy unit with a wide range of obstetrics and gynaecological problems. Part of the time was spent at Middlemore Hospital (6,500 deliveries annually) dealing primarily with a population of Pacific Islanders. During this time I had a regular on-call commitment for obstetrics, and as a registrar, played a vital role in co-ordinating the labour ward activities. In gynaecology my surgical training was commenced with a strong emphasis on vaginal surgery.

Obstetrics

At National Women's I worked with Professor Liggins, Professor Liley and Professor Lubbe whose special interests were fetal physiology, rhesus disease, and SLE respectively. At Middlemore I ran the diabetic antenatal clinic (in conjunction with a physician). This was a large clinic due to the high incidence of gestational diabetes in Pacific Islanders.

In Indonesia, I was exposed to obstetrics in the Third World. This post provided invaluable experience in managing problems with minimal resources and it demonstrated to me the importance of standardised approaches for care, in order to optimise the perinatal and maternal outcomes. At Guy's the problems of a busy urban hospital servicing a diverse socioeconomic population developed my skills in dealing with both obstetric emergencies and ethnic communication.

In December 1991, I was appointed as Professor Chapman's locum and the obstetric workload was in excess of 750 patients. As a senior lecturer I have continued with obstetrics, and now run a community clinic in Deptford and have in-patient beds at St Thomas' and a regular on-call commitment.

Gynaecology

In terms of gynaecological experience, I have had a sound basis of training, initially in New Zealand in a teaching hospital environment. The unit was renowned for vaginal surgery in particular. I then worked in a busy district general hospital in the United Kingdom. There, the surgical experience was extensive with three of my own operating lists per week. At Guy's I was able to widen my operative skills under the guidance of Consultants with expertise in urogynaecology and oncology. This experience has provided me with core surgical skills. In addition, I introduced Gynaecological Minimally Invasive Surgery into the Department in 1992.

Throughout my training I have been involved in colposcopy and have run clinics in New Zealand, High Wycombe and at Guy's.

My elective time was spent in general medicine, paediatrics, and general surgery. The latter was at registrar level with a 1 in 2 rota, which has given me invaluable confidence in general surgical operating.

Minimally Invasive Surgery

I have been accredited by the RCOG as a preceptor in Minimally Invasive Surgery. I represent the Gynaecological Department on the Guy's and St. Thomas' MIT unit, and I was substantially involved in putting together the Guy's grant for the Woolfson Trust in 1993.

I have attended, and actively participated in a number of courses in Europe and in the United States to acquire various operative techniques.

I am now competent to perform and teach laparoscopic hysterectomy, adhesiolysis, ovarian cystectomy, laparoscopic management of ectopic pregnancy, and laparoscopic colposuspensions.

Together with the Business Manager for the O&G Department in 1992, I was successful in a bid for £40,000 to set up a Minor Procedures List. This has proved very successful as patients are seen and treated at the same visit. As well as increasing the efficiency of our service it enabled me to purchase an ultrasound scanner for the Registrars to use thus increasing the efficiency of our "on-call" service. The funding has also enabled me to set up out-patient hysteroscopy which is proving very successful. The "Minor Procedures Clinic" now has six sessions/week, offering outpatient hysteroscopy. I have set up a training laboratory for laparoscopic skills predominantly for the GKT SSM students, but also available for any members of our directorate or department.

Female Genital Mutilation

With our increasing refugee population an FGM clinic was set up in 1996. I have been the lead consultant and run the clinic with a midwife. Initially we did all the reversals under general anaesthesia but as we have gained more experience we now do them all under local anaesthesia at a "one-stop" clinic. From 1996 to 2002 I performed all the reversals, but I have now taught the FGM midwife who does the majority of straightforward cases.

In conjunction with the FGM midwife we run national study days on FGM twice a year.

2. TEACHING

Throughout my career I have been actively involved in and enjoyed teaching, both to medical and midwifery staff.

My sustained leadership in teaching and learning, successful innovation in programme and course design and delivery in undergraduate education, and my national and international contribution to postgraduate specialist training were recognised in the award of Membership of the Institute of Learning and Teaching in 2002.

UNDERGRADUATE TEACHING

Reproductive and Sexual Health Course

I am the senior academic responsible for undergraduate education in Reproductive and Sexual Health (RSH) at Guy's, King's and St Thomas' (GKT) School of Medicine. Reproductive and Sexual Health includes obstetrics and gynaecology, family planning, genitourinary medicine and breast medicine.

I lead on all aspects of organisation including course work, audit and firm attachments. I produced the core curriculum material for RSH for the most recent GKT curriculum. I am responsible for evaluating the teaching, both on our medical school campuses and at our peripheral hospitals, which include both national and international sites.

The high quality of this programme has been confirmed by a robust system of feedback which consists of written feedback from the students for all symposia in the second term of each year, written feedback from the students at the end of each year regarding their clinical attachments and tutorial programme (both at the campus sites and peripheral hospitals), and formal sessions at the beginning of each term where the students are given the opportunity to provide critical feedback about the RSH programme that they completed the term before to teachers who are not involved in the RSH programme

Examining

I also led the school of medicine in the use of Objective, Structured Clinical Examinations (OSCEs), which are a systematic method of assessment of clinical performance and competence. My department was the first to use this method of assessment and I was keen to introduce this because of my previous experience at the Royal College of Obstetricians and Gynaecologists (RCOG) where I was involved in the first OSCE exams performed there. Because this was a qualifying examination for the UMDS students, I was required to appoint external examiners whose reports indicated the OSCE was of a high standard and superior to the previous form of assessment. OSCEs are now used throughout the school of medicine as end of year and end of course exams.

Research and Advancement of Teaching Methods

An integral part of my teaching approach is to involve students as much as possible in my clinical and research work. At UMDS, I supervised over thirty student clinical projects. The GKT curriculum now includes special study modules (SSMs) which account for 20% of clinical time. One of my areas of clinical expertise is minimal access surgery (keyhole surgery) and I now run a SSM each term so that students develop skills in day surgery and develop laparoscopic skills in the training laboratory that I have set up for them. This SSM is extremely popular and always oversubscribed. At the end of the SSM the students are formally assessed by nursing and medical colleagues not involved in the SSM, who have been amazed that over the 12 weeks the students have achieved a level of laparoscopic dexterity that is superior to many of our junior doctors.

In collaboration with Dr Paula Baraitser, Consultant in Community Gynaecology, we won a grant from the Charitable Foundation of the special trustees of Guy's and St Thomas' Hospital to train Gynaecology Teaching Associates (GTAs) to set up a teaching programme for the students in the RSH block. This project involved us teaching laywomen how to perform pelvic examinations, who in turn teach medical students how to do the examinations. Two GTAs work with groups of four medical students; one GTA acts as the teacher and one as the patient. This innovative project has been highly successful (as judged by formal student feedback) and has led to a publication in the British Medical Journal. GKT has now provided mainstream funding for this project so that all medical students in the RSH block will be taught by GTAs and this programme is likely to be implemented in other medical schools.

I have been active in educational research on other topics, particularly at the interface between patient care and medical education. I have published in the BMJ about women's reactions to the presence of medical undergraduates in the gynaecology clinic and have recently completed two medical surveys on the increasingly important and sensitive issues of chaperones. We have collected valuable data, now submitted for publication, on the attitudes of GPs and hospital specialists in the provision of third parties during intimate examinations in primary and secondary care settings. I represent Obstetrics and Gynaecology in the recently established GKT Division of Educational Research.

POSTGRADUATE TEACHING

For the past fourteen years I have organised the Guy's DRCOG course for 44 candidates every six months. This course is now reputed to be the leading course in the UK for the DRCOG and has a very high pass rate. With the introduction of OSCEs into the DRCOG examination, my course has been chosen to validate the questions. I served on the DRCOG OSCE committee from 1993-1998 and was chief examiner in London for the DRCOG from 1995-1998. I was the chairman of the Part II MRCOG OSCE committee and responsible for setting the examination from 1999-2001. I am an overseas examiner for the MRCOG.

I am now the convener for the RCOG Part II courses for the MRCOG, which includes 2 written and 2 OSCE courses per year. Previously, the course was mainly lecture based but I have radically changed the written course to small group teaching and the candidates are required to do precourse preparation, presenting Power Point summaries with a facilitator. The OSCE course involves practice circuits with feedback and interactive group sessions. This style has raised the profile of the course and has received excellent feedback.

Pre-registration House Officers (PRHOs)

Over the last 3 years, pre-registration house officers have joined our junior doctor workforce and I am responsible for their clinical training. This is a very close relationship as they are directly under my supervision, and because of their protected clinical time they have more direct contact with the patients than the other junior doctors who have such varied rotas. I have received excellent feedback from both the PRHOs and the Postgraduate Dean on the attachment and gynaecology is now one of the most popular rotations.

Multidisciplinary Teaching

I am an accredited preceptor in Minimal Access Surgery for the RCOG. This means that my juniors are trained, and then accredited by me as being competent in Minimal Access Surgery.

My clinical activities have led to two particularly interesting and successful multidisciplinary teaching innovations. Deborah Holloway is the first consultant nurse gynaecologist to be appointed in our Trust. I have trained her to not only be competent in menopause management but also to perform hysteroscopies (endoscopic visualisation of the uterine cavity) in the outpatient setting. Some years ago I was granted an award from the National 'Pace-setters' fund to set up a minor procedures clinic. This has been extremely successful, now with 4 clinics a week, and has meant many operations have been shifted from an inpatient or day surgery procedure under general anaesthetic to an outpatient procedure performed under local anaesthetic.

I am also responsible for a clinic, which reverses genital mutilation that has been performed on women in certain cultures. In this clinic, I have also trained a midwife in the surgical procedure so that she too can perform the reversal in an outpatient setting. She was recently awarded the prize for 'Best Nurse/Midwife' in the Trust – 2003.

Additionally, my clinics attract people from genitourinary medicine, community gynaecology, and general practice, not to mention international doctors keen to learn minimal access outpatient techniques or menopause management.

TEXTBOOKS

I am the first author of five textbooks for both undergraduate and postgraduate education. My textbook 'Preparation and Revision for the DRCOG' is the recommended text for the Diploma for the RCOG, which is the licensing examination for general practitioners to practice antenatal care and gynaecology in the primary care setting. The book has been highly successful for undergraduates as well, and the third edition has just been published (2003).

‘Colour Aids in Gynaecology’ is an illustrated text, which was first published in 1991. This is a very popular book for anyone learning gynaecology and the 3rd Edition has now been published. Carrying on from its publication, I have produced ‘Gynaecology in Focus’, which includes photos with questions and answers to enhance the learning experience.

In conjunction with paediatric and obstetric colleagues I designed a collaborative CD Rom for Neonatal Medicine, Obstetrics and Gynaecology (James, Harvey, Rymer, Thomas, Fish, Hyer) and we were awarded the BMA Award for the Electronic Media Section (2001).

Following on from the above Colour Aids, I produced ‘Pictorial Quizzes in Obstetrics and Gynaecology’ which was acclaimed as excellent revision for students for examination preparation.

Once the popularity of OSCEs increased, I published ‘OSCEs in Obstetrics and Gynaecology’, which is used by both undergraduates and postgraduates preparing for the DRCOG and MRCOG.

‘Preparing for the DRCOG’ is a revision book of multiple choice questions for the DRCOG but also used by undergraduates.

‘How to Pass the MRCOG OSCE’ — a guide on OSCE technique, which is an essential tool for all candidates taking the MRCOG.

‘Pocketbook of Obstetrics and Gynaecology’ is a ‘pocket essential’ providing comprehensive coverage for the undergraduate and postgraduate student in the popular Kumar/Clarke series. It is also available as hand held software.

‘Gynaecology in Focus’ — Similar to Colour Aids but with the addition of questions and answers.

In Press

‘Top Twenty in Gynaecology’ is an illustrated text of the commonest presentations in Gynaecology.

‘Colour Atlas of Gynaecology’ — a comprehensive textbook of gynaecological conditions.

REGULAR EDUCATIONAL COMMITMENTS

DRCOG Course, Guy’s Hospital
St. Bartholomew’s Hospital DRCOG Course
Emergency Nurse Practitioners Programme
Olive Haydon School of Midwifery
Camberwell Family Planning Course
Guy’s & St. Thomas’ Hospital Senior House Office Induction Course
Guy’s & St. Thomas’ Hospital Operating Assistant Training Programme
Whipps Cross MRCOG Course
RCOG MRCOG Course
MRCOG Course - Republic of Ireland
Guy’s and St. Thomas’ Hospital, GP update course
Margaret Pyke Update Course

3. RESEARCH

Throughout my postgraduate training I have been involved in clinically based research. This has included projects on the use of prostaglandins in spontaneous rupture of membranes, the markers of hypertensive disease in pregnancy, and clinical audit in obstetrics which was a comparative trial of prostaglandin gel and tablets.

Over the past fifteen years my research interests have been more gynaecologically orientated and has mainly involved osteoporosis, new forms of HRT and their effect on symptoms, the endometrium and cardiovascular disease. In 1990 I established the Guy's HRT Research Unit. More recently I have been involved in educational research.

MD Thesis

The subject of this work was HRT and in particular a non-bleeding form of HRT, tibolone and its effect on osteoporosis, cardiovascular disease and other parameters. Since completion of my MD my interest in ovarian failure has continued and I established the HRT Research Unit which now involves many projects. The unit does collaborative research with the Departments of Nuclear Medicine, Pharmacology, Breast Surgery, Dermatology, Neuropharmacology, Clinical Biochemistry, Cardiology, and Wound Healing.

Over the last six years research under my direction has attracted the following funding:

- Organon Laboratories
 - OD14 study £500,000
 - Livial change over study £94,000
 - Carotid artery scanning £50,000
 - Livial CIMT study £203,100
 - Tamoxifen Breast Cancer Study £24,000
- Sandoz Pharmaceuticals
 - Combined HRT £300,000
- International Health Foundation
 - Research survey £1,000
- Minor Procedures List (Pace-Setter's Fund) £40,000
- Sanofi-Winthrop £17,800
- Clintrials £40,00
- Alza Coporation £30,000
- GnRHa with Livial Addback Therapy £14,000
- St. Thomas' Special Trustees £70,000
- Dunhill Trust (with Professor File) £103,000
- Dunhill Trust £115,000
- Wyeth Laboratories (with Professor Murphy) £100,000

Appendix A - Research Fellows

Surya Gupta – currently finishing her project, which investigates the effects of vaginal versus systemic HRT on bladder function.

Deborah Bruce - having successfully gained a Dunhill Trust grant she investigated the effect of non-bleeding hormone replacement therapies on endothelial function. MD thesis awarded October 2004.

Edward Morris - has completed two years investigating GnRHa and addback therapy as a model for long-term management of fibroids. MD thesis awarded 2002.

Barry O'Reilly - having been awarded a Special Trustee's Grant he investigated purinergic receptors in the bladder. MD thesis awarded 2001.

Emma Parry - a previous UMDS graduate. I supervised her MD thesis on "Induction of Labour: How, Why and When ?" MD thesis awarded 2002.

Has Ahmed - 1994-1996 - investigated a continuous combined HRT and its effect on bone and the cardiovascular system. Planned to write up his MD thesis but hasn't yet. Published three significant papers, one of which was in the Lancet.

Melissa Calvin PhD - 1999 - one of the first intercalated UMDS, PhD students. Investigated the effect of oestrogen on wound healing. Supervised jointly by Dr. Dyson, Dr. Young and myself.

Additional Research Projects

- Lipoprotein (a) in pregnancy
- New non bleeding HRTs and effect on bone density
- Weight gain with HRT
- Vascular response to HRT
- Breast cancer and HRT
- Tamoxifen and the endometrium
- Patients attitudes to medical students in the gynaecologic consultation, and on the labour ward

Awards

Young Investigators Award for "Prediction of Bone Loss with Biochemical Markers". Fourth International Symposium on Osteoporosis. Hong Kong 1993.

BMA award for the Electronic Media Section (2001) for CD ROM on Neonatal Medicine, Obstetrics and Gynaecology.

4. PUBLICATIONS

Books Rymer, JM, Davis, G, Rodin A, Chapman, M (1990). Preparation and revision for the DRCOG. Published by Churchill Livingstone

Rymer, JM, Fish, A J, Chapman M (1991). Colour aids in gynaecology. Published by Churchill Livingstone.

Rymer, JM, Lombardi, E (1994). Pictorial quiz in obstetrics and gynaecology. Published by Churchill Livingstone. ISBN 0443049505

Rymer JM, Higham J. (1996) Preparing for the DRCOG. Kluwer Academic Publishers. ISBN 0792388755

Rymer, JM, Fish, A J, Chapman M (1997). Colour aids in gynaecology. Published by Churchill Livingstone. - 2nd Edition. ISBN 0443057753

Rymer, JM, Ahmed, H A. (1998) OSCES in obstetrics and gynaecology. Published by Churchill Livingstone. ISBN 0443056102

Rymer, JM, Davis, G. Rodin A, Chapman, M (1998). Preparation and revision for the DRCOG. Published by Churchill Livingstone, 2nd Ed. ISBN 044305097X

Rymer, JM, Davis, G, Rodin, A, Chapman, M. (2003). Preparation and revision for the DRCOG. Published by Churchill Livingstone, 3rd Ed. ISBN 0443072248

Rymer J, Fish A (2005) – Gynaecology in Focus. Published by Elsevier. ISBN 0443074372

O'Reilly B., Bottomley C., Rymer J. (2005) Pocket Book of Obstetrics and Gynaecology. Elsevier Publishers. ISBN 0702028134

In Press **Rymer JM**, Fish, AJ. Gynaecology In Focus, Elsevier Publishers

Hollamby, S., **Rymer J**, Anderson, J., Top Twenty in Gynaecology. Parthenon Publishers

Hollingworth, A., **Rymer J**, OSCE Revision for the MRCOG . Arnold Publishers

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Chapters Rymer, JM, Morris E P. (1998). Hormones and Depression in “Steroid receptors and mechanisms of hormonal action”. Ed. Palacios, S. Mirpal, Madrid, 95-108.

Rymer, JM, Morris EP, Fogelman, I. (1998). GnRH analogues and addback therapy in current gynaecological practice. Progress in obstetrics and gynaecology 10. Edited by J.W.W. Studd. Churchill Livingstone, 343-360.

Calvin, M, Rymer JM, Young SR, Dyson M. (1998). The physiological effects of estrogens relevant to wound healing. The Management of the Menopause. Edited by John Studd. Parthenon Publishing, chapter 16, pgs. 27-38.

Morris, EP, Fogelman, I. Rymer J. (1999). An update on gonadotrophin-releasing hormone analogues and their use with addback therapy. Yearbook in Obstetrics and Gynaecology, RCOG Press, vol.7:pg. 218-234.

Rymer, J. (1999) Contraindications to HRT - Millenium management of the menopause. Edited by JWW Studd.

Rymer, J. (2000) The Part II Oral Examination in The MRCOG : A guide to the examination. RCOG Press. ISBN 1900363808

Morris, E, Rymer, J. (2000) Update on the benefit risk ratio of HRT. Recent Advances in O&G – No.21. In press.

Rymer, J, Morris, E (2000). Menopausal symptoms in: Clinical Evidence - A compendium of the best available evidence for effective health care. Issue 3:913-919.

Rymer, J. (2001) Role of HRT and the skeletal role of the SERMS: issues of use and concordance. The Effective Management of Osteoporosis. Edited by D. Barlow, R. Francis and A. Miles. ISBN 1903044081.

Rymer, J. Morris E. (2001) Menopausal symptoms in clinical evidence. BMJ. Issue 5:1303-1310.

Rymer, J. (2002). Continuous combined hormone replacement therapy: Is tibolone the same thing? – Insight – Women's Health: Important Developments in Primary Care. Edited by C. Barclay.

Rymer, J. (2002). Long term treatment with tibolone and the biological effects of tibolone. Edited by Dr's Campos and Urzua.

Rymer, J. (2004). The Menopause. Oxford Textbook of Primary Care. Edited by R.H. Jones Volume 2 860-864 ISBN 0198529643

Papers

Rymer, JM, Chapman, M, Fogelman I (1990). ORG OD14 - Bone protection with no endometrial stimulation. Osteoporosis, Vol 2, 1071-74.

Rymer JM, Chapman M (1991). Tibolone - A new HRT for postmenopausal women. Prescriber 31 pg 21-23.

Benjamin, N, Rymer JM, Todd, S, Thom MH, Ritter, J M (1991). Sensitivity to Angiotensin II of forearm resistance vessels in pregnancy. British Journal of Clinical Pharmacology, Vol 32, pg 523-525.

Rymer, JM, Parker, A (1992). A comparison of syntocinon infusion with prostaglandin vaginal pessaries when spontaneous rupture of membranes has occurred without labour after 34 weeks gestation. Australian and New Zealand Journal of Obstetrics and Gynaecology, 32, 1 : pg 22-24.

Rymer, JM (1992). Tibolone. Journal of Sexual Health, Vol 2, No 5, pg 25-27.

Rymer, JM, Fogelman I, (1993). The effect of progestagens and tibolone on bone. Journal of Obstetrics and Gynaecology, 13 : pg S17-20.

Fogelman, I, Rymer JM (1993). HRT and osteoporosis. Osteon, Vol 3, pg 72-77.

Rymer, JM, Crook, D, Sidhu, M, Chapman, M, Stevenson, J (1993). Effects of tibolone on serum concentrations of lipoprotein (a) in postmenopausal women. *Acta Endocrinologica*, 128 : pg 259-262.

Lombardi, E, Rymer JM (1992). Are there any contraindications to HRT ? *Journal of Sexual Health*, Vol 2, No 8, pg 20-21.

Rymer, JM, Wheeler J (1993). HRT and the breast. *Journal of Sexual Health*, Vol 3, No 1, pg12-15.

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Rodin, A, Rymer JM (1993). One month to life-long - how long should HRT be continued ? *Journal of Sexual Health*, Vol 3, No 3, pg 73-75.

Rymer, JM, Chapman M, Fogelman, I, Wilson P. (1994). A study of the effect of tibolone on the vagina in postmenopausal women. *Maturitas*, 18 ; pg 127-133.

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Rymer, JM, Chapman, M, Fogelman, I (1994). The effect of tibolone on postmenopausal bone loss. *Osteoporosis International*, 4 (6) : 314-9

Lehmann, E D, Hopkins, K D, Parker, J R, Turay, R C, Rymer JM, Fogelman, I, Gosling R G (1994). Aortic distensibility in postmenopausal women receiving tibolone. *Br J of Radiol*, 67 (799), 701-5

Ahmed AIH, Rymer JM, Fogelman I (1995) Osteoporosis. In Rees, M and Godfrey V (eds) 19-23 Update Postgraduate Centre Series, 2nd Edition. Reed Healthcare.

Panay N, Rymer JM, (1995). The postmenopausal woman. Update Postgraduate Centre Series. 2nd Edition. Reed Healthcare, pp 39-42.

Dimitriades, T, Rymer JM, (1995) The perimenopausal woman and forms of HRT. Update Postgraduate Centre Series. 2nd Edition. Reed Healthcare, pp 36-38.

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- I levels in postmenopausal women receiving tibolone. *Hormone and Metabolic Research*, 27, 387-8.

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- Kroiss R, Fentiman I S, Helmond F A, Rymer J, Foidart J M, Bundred N, Mol-Arts M, Kubista E, The effects of tibolone in postmenopausal women receiving tamoxifen after surgery for breast cancer: a randomised double-blind, placebo-controlled trial. BJOG 2005, 112: 228-233
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- Rosenthal J, Rymer J, Jones R, Haldane S, Cohen S, Bartholomew J. Chaperones for intimate examinations: cross sectional survey of attitudes and practices of general practitioners. BMJ 2005; 330(7485):234-5.

Other Publications

- CD Rom - Neonatal Medicine, O&G. (James, Harvey, Rymer, Thomas, Fish, Hyer) Churchill Livingstone – awarded the BMA Winner for the Electronic Media Section
- Video - Towards a better future. Women's Health Education.
- TV documentary - Nursing update - Open University HRT and Osteoporosis.
- Video - The menopause - patient issues. Medifax International.
- Computer programme - DRCOG, MCQs and case studies. Rymer, JM, Higham, J.
- Sanofi Winthrop - OSCE slide series MRCOG I, DRCOG I and II, HRT.

In Press Langer RD, MD MPH, Landgren BM, MD, Rymer J, MD, Helmond FA, PhD. 'Effects of Tibolone and Continuous Combined Conjugated Equine Estrogen/Medroxyprogesterone Acetate on the Endometrium and Vaginal Bleeding: Results of the OPAL Study' – *UCSD, La Jolla, CA USA; Karolinska Hospital and Institutet, Stockholm, Sweden; Guy's, King's and St. Thomas' School of Medicine, King's College London; Organon International, Roseland, NJ, USA*

Bottomley C, Rymer J. HRT and SERMs. Year in Obstetrics Volume 2 – Management of Osteoporosis. Edited by Professor A Woolf.

5. PRESENTATIONS

I have lectured widely on menopause, HRT and osteoporosis both nationally and internationally.

- Active Management of Labour, National Midwives Meeting, Kent and Canterbury Hospital, 1990.
- OD14 - The Consumer's Answer to HRT, Victor Bonney Society, Rymer, J M, Chapman, M, Fogelman, I 1990.
- OD14 Bone Protection with No Endometrial Stimulation Poster presentation, Osteoporosis Conference, Copenagen, Rymer, J M, Chapman, M, Fogelman, I 1990.
- Update on Menopause, Royal College of Physicians, 1991.
- Inosine pranobex as a treatment for cervical wart-virus., Rymer, J M, Wheeler, J, Harris G, Chapman, M., Victor Bonney Society, 1991.
- OD14 - Two year data on bone protection, Scientific Session oral presentation Rymer, J M, Chapman, M, Fogelman, I, FIGO, Singapore, 1991.
- HRT, Bristol Postgraduate Meeting, April, 1991.
- Menopause, Postgraduate Meeting, Brighton, May, 1991.
- Osteoporosis, Academic Meeting, John Radcliffe, Oxford, May, 1991.
- Tibolone - bone protection with no endometrial stimulation, Poster presentation Rymer, J M, Chapman, M, Fogelman, I., IVth Bath Osteoporosis Meeting, Bath, 1992.
- Incidence of vaginal bleeding with Tibolone treatment, Rymer, J M, Fogelman, I, Chapman, M., British Menopause Society, 1992.
- HRT and Osteoporosis, Sao Paulo, Brazil, November, 1992.
- OD14 - Bone protection with no endometrial stimulation, Rymer, J M, Chapman, M, Fogelman, I., XIth International Conference on Calcium Regulating Hormones Florence, April, 1992.
- Menopause and Osteoporosis, MRCOG course, Cromwell Hospital, December, 1992.

- The Menopause : A Feminine Perspective, Seminar for General Practitioners, Leicester, June, 1992.
- The Menopause, Consultants Conference, RCOG, December, 1992.
- Osteoporosis & HRT, Continuing Education in Family Planning, King's College Hospital, November, 1992.
- Serum Concentration of Lipoprotein (a) with Tibolone Treatment, Victor Boney Society, Chepstow, May, 1992.
- Postmenopausal Osteoporosis - Alternatives to Oestrogen, Royal Postgraduate Medical School, Institute of Obstetrics and Gynaecology, London, October, 1992.
- Tibolone and Prevention of Bone Loss, Gynaecology Society, Copenhagen, September, 1992.
- The Incidence of Vaginal Bleeding with Tibolone Therapy, Rymer, J M, Fogelman, I, Chapman, M. M British Menopause Society, Brighton, July, 1992.
- UK Experience of Tibolone, New Zealand Gynaecological Society, New Zealand, December, 1992.
- Prediction of Bone Loss Using Biochemical Markers, 4th International Symposium on Osteoporosis, Hong Kong, 1993.
- Livial and the Skeleton, Organon Annual Conference, Vienna, March, 1993.
- Clinical Aspects of HRT, JSPS HRT Workshop, London. January, 1993.
- The Gynaecologists Management of Osteoporosis, Physicians Meeting, Preston, October, 1993.
- Minimally Invasive Surgery, National Women's Hospital, Auckland, N.Z., 1993.
- HRT and the Postmenopausal Women, XIVth Asian and Oceanic Congress of Obstetrics and Gynaecology, Manilla, Phillipines, 1993.
- Nonbleeding HRT, Spanish Annual O&G Conference, January, 1995.
- HRT and Osteoporosis, Middle Eastern Lecture Tour, Kuwait, Dubai, Lebanon, Jordan, April, 1995.
- Nonbleeding HRT, Nottingham Postgraduate Meeting, May, 1996.
- HRT without Periods, Leicester Postgraduate Meeting, June 1996
- Medical Management of Endometriosis, Fertility Society of Australasia, Queenstown, New Zealand, September, 1996.

- Medical Management of Endometriosis - an Adjunct to Surgery or a realistic alternative, Australasian Endoscopic Society, New Zealand, September, 1996.
- Six Years Treatment with Tibolone - Its Effect on the Female Skeleton International Menopause Society, Sydney, 1996.
- Contraindications to HRT, RCOG HRT and Menopause Meeting. 1998
- Do women on HRT gain weight? British Menopause Meeting, Exeter, 1999
- The Objective Structured Clinical Examination in O&G - where are we at? Professors in O&G Academic Meeting, London, 1999
- All women should have a caesarean section, JOGS, London, 1999.
- Relative and contra indication to HRT. Hospital Medicine National Conference on HRT and Osteoporosis. London, 1999.
- Abnormal bleeding and HRT, Ings-Amarent Annual Update Meeting. Menopause Care into the Millenium, RCOG, London 1999.
- Patient centred approach to the management of the menopause, International Menopause Meeting, Japan, 1999.
- Sexuality and ageing, Margaret Pyke Update Day, London. 2000.
- Clinical applications of intracrine enzyme modulations. The Endocrine Society's 82nd Annual Meeting. Toronto. 2000.
- Short-term approaches to the management of the menopause. British Menopause Society Annual Meeting, Exeter, 2000.
- HRT and the endometrium. European Menopause Meeting, Copenhagan, 2000.
- HRT – lecture tour in Australia, 2000.
- Short term approaches: Management of everyday symptoms, British Menopause Meeting, Exeter 2000.
- HRT – lecture tour in India, 2000.
- Female Genital Mutilation – Grand Round, Emory University, Atlanta, May 2001.
- Trends in Steroid Therapy – Effects on Bone: 15th Annual Symposium on the Long-Term Effects of Oestrogen Deprivation, Bermuda, July 2001.
- Bleeding on HRT – Menopause Study Day. RCOG, September 2001.
- Sexuality and the Older Woman. Margaret Pyke Study Day. RCOG. October 2001.

- HRT in the healthcare agenda. Bournemouth (Southwest Gynaecological Meeting). March 2002.
- HRT, Update in Medicine for General Practitioners, Guy's Hospital, 2002.
- HRT – where we are at the moment – what and for whom, Margaret Pyke Memorial Trust, Regent's College London, 2002.
- HRT – where are we at the moment? Margaret Pyke Study Day. June 2002.
- Who to refer? British Menopause Society. July 2002.
- Update on HRT. Egyptian Representative Committee of RCOG. Cairo, September 2002.
- Longterm HRT. RCOG/RANZCOG Scientific Meeting. Sydney, October 2002.
- Female Genital Mutilation. King's College Hospital. November 2002.
- Nurses, GPs and Consultants: Where are the boundaries? Old students Day – Guy's, King's and St Thomas'. December 2002.
- Hormones for Life. West Kent Chirulurgical Society. January 2003.
- Should we be concerned about HRT? Glasgow Academic Dept. of O&G. January 2003.
- Risks and Benefits of HRT, Aylesford GP meeting, February 2003.
- Female Genital Mutilation. Gynaecology Club, London March 2003.
- WHI Study and its Implications, THEBES Investigators' Meeting, Puerto Rico, September 2003
- HRT Update, RANZCOG Conference, Auckland, New Zealand, September 2003
- Female Genital Mutilation, Margaret Pyke Study Day, Regent's College London, September 2003
- Management of Menstrual Dysfunction, Margaret Pyke Study Day, Regent's College London, May 2004
- Are Androgens the Answer, British Menopause Society, July 2004
- HRT and Bone, Endocrinology Group, Imperial College, London 2005

Courses Attended Include:

- Senior Registrars Course, RCOG, London, 1988 and 1990
- Active Management of Labour Course, National Maternity Hospital, Ireland, 1989
- Ultrasound Training Course, Aberdeen, 1991
- Gynaecology/Urology Course, Sydney, 1991
- Medical Manpower Course, RCOG, 1992

- Teaching and Learning Course, UMDS, 1992
- Writing Successful Applications for Medical Research Grants, UMDS, 1993
- LAVH - Hands On Course, Nuneaton Hospital, 1993
- Endoscopic Surgery Preception Course, Georgia, Atlanta, USA, 1993
- Gynaecological Laparoscopic Workshop, Rhode Island, USA, 1993
- Fetal Monitoring Update, Guy's Hospital, 1993
- Vaginal Surgery, Plymouth, 1995
- Senior Staff Conference, RCOG, 2002
- First International Skills Conference, Prato, Italy, 2005

6. ADMINISTRATION

TEACHING

I have organised the undergraduate teaching in Obstetrics and Gynaecology from 1991 at UMDS and then Guy's, King's and St Thomas', apart from 2001-2002. Since the merger of the medical schools I have been responsible for the Reproductive and Sexual Health block and for three years I was deputy head of Year IV. I have served on the following committees:

Year IV Curriculum Committee	UMDS 1991-1994 GKT 1996-
Education Committee	UMDS 1991-1996 GKT 1996-2000
SIFT Committee	GKT 1998-2001
RSH Committee (Chairman)	GKT 1996-2001, 2003 –
O&G Teaching Committee (Chairman)	UMDS 1994-1996 GKT 1996-2001 GKT 2003 –
Core Curriculum Committee	GKT 1996-2002

I have had a strong commitment to the pastoral care and social support of medical students at GKT (and previously UMDS) since my appointment. I have always enjoyed looking after a large group of students as their clinical advisor and have also had numerous other interactions with the student body via the Student Medical Education Committee (SMEC), consultant/student golf matches, consultant/student hockey games and tennis and squash tournaments.

RESEARCH

I have been the director of the HRT Research Unit from 1990, which has involved liaising with the pharmaceutical industry and collaborating with other research departments, both within and outside the school, and appointing and managing staff. I have also managed the unit's budgets and been responsible for staff development. I have supervised five research fellows who have been awarded higher degrees.

ROYAL COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS

My role in the administration of the examinations for the RCOG has been extensive. I was involved in the first OSCE for both the DRCOG and MRCOG. I was solely responsible for the first DRCOG OSCE performed out of London (Birmingham) and the first OSCE for the MRCOG in London. I served on the following committees:

DRCOG Examination Committee	1992-1996
MRCOG Part II Oral Examination Committee (Chairman)	1998-2001
RCOG Examinations Committee	1998-2001
RCOG Meetings Committee	2002-
RCOG Standards Committee	2005-

MRCOG Part II preparations courses I am now responsible for these for the College. This involves designing the courses, appointing tutors, facilitators and examiners amounting to about 60 senior O and G colleagues each year. The courses take place four times a year. 2002-

Standards Board for the RCOG This committee oversees many of the other RCOG committees and is responsible for educational and professional standards in the College. 2000- 2003.

RCOG Services Committee This committee ensures that the College maintains adequate facilities for college Members and Fellows and for visitors using the College. 2002-2005

Committee for the Implementation of Structured Training – This was pivotal at the time of the introduction of Calman Training 1995-1997

Continuing Professional Development Officer – I now head the RCOG in this important area.

7. STANDING IN THE PROFESSION

GENERAL MEDICAL COUNCIL (GMC)

I have been selected to serve on the GMC Assessment Team responsible for evaluating and accrediting the entire medical course at the new Medical School of Hull and York. This group is responsible for making numerous site visits, overseeing the new curriculum, its implementation, and the assessment of the medical course against the GMC criteria. This commitment will continue until 2009.

EDUCATION

I have extensive experience in external examining for other medical schools:

Birmingham University 1996-1999

Manchester University 1999-2002

Imperial College 1999 –

Queen Mary University of London 2001 –

Royal Free Hospital, University College London 2001–

I have a schedule of international commitments designed to help develop the OSCE in other countries and to prepare candidates in those countries eg. Singapore, India, for the MRCOG. Nationally, I contribute to other training courses: Whipps Cross, Belfast, etc and as mentioned previously, I run the most popular DRCOG course in the UK and the RCOG MRCOG Course. My textbooks have all been very successful.

RCOG

I have been on the RCOG Council for 6 years (reselected for a second term) where I represent the London members. I have served on many RCOG committees concerned with educational standards and training. I am regarded as one of the College's education experts on teaching and assessment.

I am an RCOG preceptor for Minimal Access Surgery in the Guy's and St Thomas' Trust and am the lead for Minimal Access Surgery in the directorate of obstetrics and gynaecology.

NHS CLINICAL WORK

I have a strong reputation in general gynaecology and obstetrics and am internationally recognised in the specialist areas of Hormone Replacement Therapy and Female Genital Mutilation.

PEER REVIEWED JOURNALS

I am a referee for the British Medical Journal, British Journal of Obstetrics and Gynaecology, Clinical Practice, Climacteric, Family Practice, and Osteoporosis International. I am on the Editorial Board of the Journal of Obstetrics and Gynaecology.

PERSONAL INTERESTS

While at Medical School, I represented the New Zealand Universities in women's hockey and Auckland University in tennis. I continue to play tennis, jog regularly, and am a keen skier. More recently I have discovered golf. I am a theatre and opera addict and attend both regularly. I have a passion for travelling.

REFEREES

Professor Peter Braude

Department of Obstetrics and Gynaecology,
St. Thomas' Hospital,
Lambeth Palace Road, London.

Professor Lucilla Poston

Department of Women's Health
St. Thomas' Hospital
Lambeth Palace Road, London.

Professor Mike Farthing

Principal, St. George's Medical School
Blackshaw Road, Tooting, London.