

Curriculum Vitae

Mr. Mohamed Abdel-Aal
(M.B.B.Ch., MSc, MRCOG)
Diploma in Advanced Obstetric Ultrasound
(RCOG/RCR)

Contents

Personal Details.....	2
Qualifications.....	2
Present Post.....	2
Previous posts.....	3
Prizes and awards.....	4
Clinical experience.....	4-5
Teaching Experience.....	6
Management Experience.....	6
Audit.....	6
Research.....	7
Publications.....	7
Memberships.....	7
Courses attended.....	8
Conferences attended.....	9
Presentations.....	9
Outside Interests.....	9
Reasons for application.....	10
Referees.....	11

Personal Details:

Surname: Abdel-Aal
Forename: Mohamed
Nationality: Egyptian
Marital Status: Married with 2 children

GMC Registration:

Full registration No: 4483531 on Specialist Register since 7/4/2005

Medical School:

Faculty of Medicine, Alexandria University, Egypt. 1980-1986

Main Qualification:

MBBCh Alex., November 1986

Other Qualifications:

MRCOG London, November 1997

MSc Alex., May 1991

Diploma in Advanced Obstetric Ultrasound Scan RCOG/RCR London, May 2004

CCST Date:

7/4/2005

Immigration Status:

Permanent Residency in the UK

Present Post:

Consultant Obstetrician & Gynaecologist, Ealing Hospital NHS Trust, London, UK.

Date appointed: 3/10/2005

Current Weekly Clinical Duties:

	AM	PM
Monday	USS	GOPD/ Admin
Tuesday	LW	Gyn Theatre/ USS
Wednesday	Admin	LW
Thursday	off	Off
Friday	ANC	Teaching

Previous Posts:

Date	Grade	Hospital	Firm
5/4/05-2/10.05	Senior registrar O&G (6 m)	Kings College Hospital, London, UK	Mr Davor Jurkovic
7/4/04-4/4/05	Senior registrar O&G (12m)	Guys & St Thomas' Hospitals, London, UK	Mr Laurence Mascarenhas
1/11/02-	Senior Registrar	The Royal Free Hospital,	Mr Demetrios

31/3/04	(Fetal Medicine) (17m)	London, UK	Economides Miss Rezan Kadir
1/4/02- 31/10/02	SpR O&G (7m)	North Middlesex Hospital, London, UK	Miss Abha Govind
1/10/01- 31/3/02	SpR O&G (6m)	Barts & The Royal London Hospital, London, UK	Mr David Oram,
1/9/00- 31/08/01	SpR O&G (12m)	Luton & Dunstable Hospital, Luton, UK	Mr. Peter Reid Mr David Horwell
1/9/99- 31/8/00	SpR O&G (12m)	Dumfries & Galloway Royal Infirmary, Dumfries, UK	Dr Andrew Paterson & Dr Paul Mensah
1/3/99- 31/8/99	SpR O&G (6m)	The Royal Infirmary of Edinburgh, Edinburgh, UK	Dr Martin Lees
1/9/98- 28/2/99	SpR O&G (6m)	Forth Park Hospital, Fife, Scotland, UK	Dr Caroline McKinley
6/4/98- 31/8/98	SpR O&G (5m)	The Royal Infirmary of Edinburgh	Dr Christine West
1/9/97- 5/4/98	SpR O&G (7m)	Dumfries & Galloway Royal Infirmary, Dumfries, UK	Dr Adrian McCullough
5/8/96- 31/8/97	Senior SHO O&G (13m)	Inverclyde Royal Hospital, Greenock, Scotland, UK	Dr George Anthony
1/11/95- 4/8/96	SHO O&G (9m)	Inverclyde Royal Hospital, Greenock, UK	Dr Laura Cassidy
11/12/92- 30/9/95	Registrar O&G (33m)	Al-Ansar Hospital, Jeddah, Saudi Arabia	Dr Gamal Abul- Enin
27/5/92- 10/12/92	SHO A&E (6m)	Al-Ansar Hospital, Jeddah, Saudi Arabia	Dr Yosry Al- Ashry
19/9/91- 20/5/92	SHO General Surgery (8m)	Al-Salama Hospital, Alexandria, Egypt	Mr Adel-Al- Shazly FRCS
19/9/89- 18/9/91	Registrar O&G (24m)	Al-Shatby University Maternity Hospital, Alexandria, Egypt	Prof. Hassan N Sallam FRCOG
19/9/88- 18/9/89	SHO O&G (12m)	Al-Shatby University Maternity Hospital, Alexandria, Egypt	Dr Ahmed Nagati MRCOG
1/3/88- 18/9/88	Post registration training in general practice, Al- Behera, Egypt	N/A	N/A
1/3/87- 29/2/88	JHO	Alexandria University Hospitals	N/A

Clinical Experience:

Fetal Medicine:

I obtained my **Diploma in Advanced Obstetric Ultrasound (RCOG/RCR) in May 2004.**

I obtained the certificate of competence in **Nuchal Translucency** issued by the fetal medicine foundation in December 2004.

I lecture regularly at the Obstetric Ultrasound Scan and Transvaginal Scan Courses at the Royal Free Hospital.

I am competent in 11-14 weeks scans with Nuchal Translucency, 18-23 weeks anomaly scans, Uterine, umbilical and middle cerebral artery Dopplers amniocentesis and growth scans.

I have been doing fetal medicine scans since April 2002.

During my present post as a consultant at Ealing Hospital, I started the Fetal Medicine unit where difficult cases of congenital anomalies and compromised babies are being referred to me, together with those who need invasive testing being at high risk of chromosomal anomalies. This area of my expertise requires extensive counselling and communication skills that I enjoy too much. My plan for the future is to use my teaching skills and arrange Obstetric ultrasound scan courses locally at Ealing Hospital.

Early Pregnancy and Gynaecology Scanning:

I am competent in both early pregnancy and Gynaecology scans and already finished the Gynaecology Ultrasound module at Kings college hospital. This is a very useful area of expertise as it helps I making decisions in difficult Gynaecological cases.

In early pregnancy, this helps to diagnose difficult cases of ectopic pregnancy. In Ealing Hospital as a consultant, I managed to reduce the incidence of negative laparoscopy due to the accuracy of my scans.

General Obstetrics:

I have been doing Obstetrics since 1988 both in the UK and abroad. I have extensive experience in the management of a busy labour ward.

I can confidently manage a high- risk busy labour ward. I am currently the lead Obstetrician at Ealing Hospital.

High Risk Obstetrics:

I have extensive experience in maternal medicine in Sickle cell clinics, cardiac, diabetic and haemophilia clinics.

General Gynaecology:

During my career, I have expanded my general gynaecological experience.

I am currently using this experience too teach various surgical skills to the junior doctors in operative theatre.

Other Gynaecology experience:

Minimal Access Surgery:

I have extensive experience in laparoscopic surgery e.g. laparoscopic management of ectopic pregnancy, adhesiolysis, laparoscopic cystectomy and oophorectomy.... I also have experience of hysteroscopic myomectomies and polypectomies.

Outpatient hysteroscopy:

*I did some outpatient hysteroscopy at Guys Hospital as a part of Rapid Access Clinic

Teaching Experience:

I did many presentations abroad and in the UK. In these presentations I had different levels of audience and I used different methods of demonstration including overhead projection and power point presentations. I also have experience in teaching during ward rounds and small group discussions.

* I attended Training the Trainers Course at the RCOG on 4-5/10/2004

*I was an examiner on 7 occasions in the OSCE course for MRCOG part2 at The Royal Free Hospital as in May and October 2002, May 2003, May and November 2004 and May and October 2005.

*I regularly lecture in the Royal Free Hospital (every 2 months) in Obstetric and Vaginal USS courses organized by Mr. Economides, the fetal medicine lead there

*I enjoy lecturing as well as clinical skills teaching especially in Ultrasound scanning and theatre surgical skills

*I have been involved in teaching medical students since 1988

* I am currently responsible for teaching and appraisal of our registrars at Ealing Hospital.

Management Experience:

- I was elected as a member of Alexandria university Students union during my third year as a medical student
- Administration Registrar at: Al-Shatby Maternity University Hospital 1990-1991, Inverclyde Royal Hospital 1996-1997, Luton & Dunstable Hospital 2001

- Teaching Administration Registrar at Luton & Dunstable Hospital 2001 and Guys & St Thomas' Hospital 2004
- I attended Management Course for Doctors in Training on 17-19 September 2003 at The Royal Free Hospital
- I am the labour ward lead Obstetrician at Ealing Hospital

Audit:

I believe audit is very important in our practice; therefore I have actively participated in a large number of audits. I have considerable experience in audit, including setting up the subject, literature review, collecting and analysing the data, giving recommendations and re-audit after changing practice.

The followings are some examples of audits I have carried out:

- Management of post-partum haemorrhage, Royal Free Hospital, London
- Indications of induction of labour, Luton and Dunstable Hospital, Luton
- Management of Ectopic Pregnancy, Fife Group of Hospitals, Fife, Scotland
- Indications and Incidence Caesarean Sections, Inverclyde Royal Hospital, Greenock, Scotland

Research Experience:

- Mefiprestone in reducing the incidence of induction of labour. Royal Free Hospital 2003. I designed this study, wrote the protocol, consent forms, advertisement and obtained the ethical committee and MHRA approval. Unfortunately, I had to leave to start my post in St Thomas'. Patients are being recruited now.
- The work of my Master degree thesis was done at Al- Shatby Maternity University Hospital. This was done as a part of multi-centred randomised trial funded by the WHO.

The title was: "Clinical Evaluation of Norethisterone Enanthate 200mg, Levonorgestrel Butanoate 12.5 mg, as Two Monthly Injectable Contraceptives and Their Effects on Some Blood Biochemical Parameters."

This thesis was accepted in December 1990 and published in Alexandria Bulletin in 1991.

Publications:

“Clinical Evaluation of Norethisterone Enanthate 200mg, Levonorgestrel Butanoate 12.5 mg, as Two Monthly Injectable Contraceptives and Their Effects on Some Blood Biochemical Parameters.” Published in Alexandria Bulletin in 1991.

Memberships

Member of the Royal College of Obstetricians and Gynaecologists (RCOG), November 1997

Member of the British Maternal and Fetal Medicine Society (BMFMS), since December 2004

Member of international Society of Ultrasound in Obstetrics & Gynaecology Since December 2005

Member of Medical Protection Society 1/1/2006: Membership Number 383342

COURSES ATTENDED:**Medical Courses:**

Date	Course
24/3/06	Newly appointed consultant course, RCOG, London, UK
1/11/04	11-14 weeks scan, RCOG, London, UK
4-5/11/04	Training the Trainers Course, RCOG, London, UK
11-12/10/03	ALSO course, Wales, UK
17-19/9/03	Management course for doctors, Royal Free Hospital, London, UK
24-28/2/03	Obstetrics Ultrasound Course, RCOG/RCR, London, UK
12-13/10/00	Hands on Practical Colposcopy Course, University of Sheffield, UK
3-4/12/00	Hands on Advanced Laparoscopic Surgery Course, Benenden Hospital, Kent, UK
18-20/5/00	Hands on Transvaginal Ultrasound Scan Course, University Hospital of Wales, Cardiff, UK
8-9/7/099	Transvaginal Ultrasound Scan Foundation Course, University Hospital of Wales, Cardiff, UK
11-12/2/99	Video Laparoscopy Course for Gynaecologists Ninewells Hospital, University of Dundee, UK

14-16/8/98	Advanced Life Support Course, Perth Royal Infirmary, Perth, UK
28-29/11/96	BSCCP Basic Colposcopy Course, University of Birmingham, UK
24-25/9/96	Hysteroscopy Training Course

Non-Medical Courses:

Date	Course
18/2/99	Introduction to Excel, Lister Postgraduate Institute, Edinburgh, UK
18/2/99	Introduction to Access, Lister Postgraduate Institute, Edinburgh, UK
25/2/99	Intermediate Word, Lister Postgraduate Institute, Edinburgh, UK

Conferences Attended:

Date	Conference
25-29/6/2006	5 th World Fetal Medicine Congress, Barcelona, Spain
26-29/6/2005	4 th World Fetal Medicine Congress, Istanbul, Turkey
14-15/4/2005	British Maternal and Fetal Medicine Society 10 th Annual Conference, Nottingham, UK
14/3/2005	Educating Rita, RCOG, London, UK
17/9/2005	Annual Conference for south Thames Trainees, St Thomas' Hospital, London, UK
11-12/11/1998	Evidence Based Fertility Treatment, RCOG, London, UK
7-10/10/1997	Specialist Registrar Conference in Obstetrics & Gynaecology, RCOG, London, UK
1989/90/91	The Annual Conference of Obstetricians & Gynaecologists, Cairo University, Egypt

Presentations:

- CTG, interpretation and management, at the CTG study day, Ealing Hospital, May 2006
- Babies at risk and the role of ultrasound scan, Ealing Hospital NHS Trust, January 2006
- Obstetric Ultrasound scan; principles and Biometry, St Thomas' Hospital: SHO & Registrars Teaching: October 2004
- Thoracic, GIT & Abdominal Wall Anomalies, The Royal Free Hospital, A lecture in Basic Obstetric Ultrasound Scan Course: February, June 2003, October 2004 and September 2005, May 2006

- First Trimester Ultrasound, The Royal Free Hospital, Transvaginal Ultrasound Scan Course: September 2003, March 2004
- Laparoscopic treatment of Ectopic pregnancy, South East of Scotland regional meeting, Lister Postgraduate Institute, Edinburgh (2000)
- Transvaginal USS and Management of postmenopausal Bleeding, South East of Scotland regional meeting, Lister Postgraduate Institute, Edinburgh (1998)
- I did over 50 department meetings presentations during my posts in the UK

Outside Interests:

- Reading Arabic and English literature and science books.
- Listening to contemporary western and oriental music
- Playing keyboard
- Chess: achieved 5th place in Alexandria Open Chess in 1980

Referees:

The following consultants have kindly agreed to be my referees:

Mr Alasdair Gordon MRCOG, FRCS Consultant O&G
Ealing Hospital
Uxbridge Road
Southall
London.

Mr Demetrios L Economides FRCOG, MD Consultant O&G
Royal Free Hospital
Pond Street, Hampstead,
London.

Mr Lawrence J Mascarenhas MRCOG, MD Consultant O&G
St Thomas' Hospital
Lambeth Place Road,
London.