

Curriculum Vitae

Personal Details

Name

Asmaa KHAL

Date of Birth 6/10/79
Sex Female
Marital Status Married
Nationality Egyptian
GMC Registration 6093185

Education

Secondary: El Salam School, Cairo

University: Ain Shams University, Abbasiya, Cairo

Academic Qualifications

MBBCh December 2001
(Prize for First place in Faculty of Medicine)
TOEFL April 2002 (Score 664)
MRCOG Part 1 September 2002
IELTS October 2003 (Score 7)
PLAB Part 1 March 2004 (Score 154)
Part 1 Masters Degree April 2004
PLAB Part 2 October 2004

Prizes

'A-Levels' Ranked 4th in all Egypt
MBBCh Always in top ten in year
2nd Year MBBCh Prize for first place in Histology
3rd Year MBBCh Prize for first place in year

MBBCh Graduation Year Prize for first place in year

14th National Congress on safe medicine and surgery

Prize Winner for oral presentation

Theme: Infections and allied conditions

Cairo, 8th – 11th May 2001

Hospital Appointments

Current post

Senior Perinatal Research Fellow Oct 2005 – present

Homerton Hospital, London

Senior House Officer

Senior House Officer in Obstetrics & Gynaecology Feb 2005 – Oct 2005

University College London Hospitals

Residency

Senior Resident in Obstetrics & Gynaecology May 2004-Jan 2005
Ain Shams University Hospital, Cairo (9 months)

(Approved for RCOG training)

Junior Resident in Obstetrics & Gynaecology May 2003-April 2004
Ain Shams University Hospital, Cairo (12 months)

House Officer year

1st March 2002 – 28th Feb 2003

Ain Shams University Hospital, Cairo

2 months each in:

- Obstetrics & Gynaecology
- Paediatrics
- General Surgery
- Internal Medicine
- Cardiology
- Emergency Medicine and Anaesthesia

Clinical Attachments

Elizabeth Garrett Anderson Hospital, London Jan - Feb 2003

I was lucky enough to be offered a clinical attachment at the Elizabeth Garrett Anderson Hospital by Professor Eric Jauniaux in early 2003. I gained considerable experience and new knowledge during my 6 weeks there, attending a wide variety of clinics, theatre sessions and Labour Ward. I thoroughly enjoyed my time there, and it is one of the reasons I wish to pursue a career in the UK.

I have recently attended clinics and teaching sessions at the Mortimer Market Centre.

Clinical Experience

I have been fortunate to work as Junior and Senior Resident at Ain Shams University Teaching Hospital in Cairo. This is one of the two leading teaching hospitals in Cairo, and the largest Obstetric Hospital in the Middle East. The Department of Obstetrics and Gynaecology consists of 6 units, all extremely busy. .

In my year as **Junior Resident**, I was responsible, under the supervision of my

seniors, for the day to day care of all the patients in my unit, 24 hours a day, 7 days a week. As a result, I rapidly gained experience in history taking, examination, assessment and follow-up of obstetric and gynaecology patients. I also became proficient in pre- and post-operative care, and in the performance of the common operative procedures, as well as vaginal delivery.

As **Senior Resident**, I built on this experience and knowledge, and took on extra responsibility for decision making and supervision of junior residents and nurses. I also spent a 3-month period covering the Labour Ward (and elective Caesarean Sections) daily – seven days a week – for 3 months.

As an SHO in UCLH, I have continued to gain clinical experience, and have taken an active part in audit, research and teaching.

Over the past 19 months I have acquired the following experience:

GYNAECOLOGY

Unsupervised

Drainage of Bartholin's cyst/ abscess

ERPC

Supervised

Hysteroscopy 10

Laparoscopy 30

Ovarian cystectomy/oophorectomy 10

Abdominal hysterectomy 12

Vaginal hysterectomy 2

Vaginal repairs 20

OBSTETRICS

Unsupervised

Normal vaginal deliveries Many!

Caesarean section 105

Supervised

Cervical cerclage 30

Vaginal breech delivery 15

Caesarean section 50

Weekly sessions at the Early Pregnancy Unit, learning transvaginal scanning and the management of early pregnancy problems.

I am competent at vaginal delivery of twins and breech, interpretation of CTG and fetal blood sampling. I can confidently manage obstetric emergencies such as hemorrhage and eclampsia.

My first 40 CS were assisted by a senior, but since then I have performed 105 unsupervised, i.e. assisted by a Consultant, Junior Resident or nurse. I have performed (supervised) CS in cases of Placenta Praevia, fibroids, repeat CS, breech and adhesions.

The months I spent in the Casualty Unit in Ain Shams involved intensive work, accepting all emergencies, both obstetrics and gynaecology, including labouring women. This was a wonderful period, very busy, but it consolidated my skills and acumen in acute obstetrics and gynaecology.

**Postgraduate
Courses & Meetings
attended / organised**

- 1. Head of working Committee of LORA
(Local Office of Reproductive Health and AIDS) 2001**
- 2. 14th National Congress on safe medicine and surgery**
Theme: Infections and allied conditions
Cairo, 8th – 11th May 2001
Prize Winner
- 3. 1st Egyptian Conference on work-related diseases and disorders**
Cairo, 19th – 20th February 2002
- 4. Annual National Egyptian Congress on Diabetes in Egypt**
Cairo, 12th – 15th March 2002
- 5. 7th International Congress of the Department of Obstetrics &
Gynaecology, Ain Shams University Hospital**
Cairo, April 2002
- 6. 2nd Annual National Conference on Updates in Rheumatology &
Osteoporosis**
Cairo, 16th May 2002
- 7. Pre-congress workshop in advanced Obstetric & Gynaecology
ultrasound**
Cairo, 29th – 30th October 2002
- 8. 9th Annual Scientific meeting of the Middle East Fertility Society**
Cairo, 31st Oct – 3rd November 2002
- 9. International Conference on AIDS**
Cairo, 1st December 2002
Organised by UNESCO and World Bank
- 10. 11th Annual International Ain Shams Medical Students' Congress**
Cairo, 17th – 19th February 2003
Assisted in running workshop on STD
Scientific jury organisor
- 11. Annual Meeting of the Egyptian Representative Committee of RCOG**
Cairo, 26th February 2003
- 12. 2nd Annual Conference in Urogynaecology**
Ain Shams University, Cairo, 27th February 2003
- 13. Joint RCOG and Egyptian RCOG Representative Committee meeting**
Theme: Continuous Professional Development
Military Hospital, Cairo, 28th February 2003
- 14. Course in Basic and Advanced Ultrasound**
Kasr El-Aini Hospital, Cairo University, 15th – 26th March 2003
- 15. 26th Annual International Ain Shams Medical Congress**
Theme: Medical challenges in the era of Evidence Based Medicine
Cairo, 22nd – 24th March 2003
- 16. 4th Annual Conference of the department of Obstetrics & Gynaecology,**

Cairo University

Theme: Exploring new frontiers in women's health
(Including tele-conference with RCOG)
Cairo University, 27th – 28th March 2003

17. Advanced Hysteroscopy Course

Kasr El-Aini Hospital, Cairo University, 29th – 31st March 2003

18. Workshop for training new Residents, Ain Shams University Hospital

5th – 8th May 2003

Organisator

19. 5th Annual Conference on Rheumatic Diseases

Cairo, 28th-29th May 2003

20. Drug Addiction

Organised by Ministry of Health

Dept of Psychiatry, Ain Shams University Hospital, Cairo, 23rd – 27th June 2003

21. Pastest PLAB Part 1 Course

UCL, London, 9th – 12th February 2004

22. 9th International Congress of the Department of Obstetrics & Gynaecology, Ain Shams University Hospital

Theme: Integrated Medical care for mother and child

Cairo, 9th April 2004

23. ASJOG (Ain Shams Journal of Obstetrics & Gynaecology) Scientific Conference

Azhar Conference Centre, Cairo, 27th May 2004

Prize Winner: 'Best Resident'

24. Basic Life Support Course

Birmingham, 16th October 2004

25. Birmingham PLAB Part 2 Course

Birmingham, 16th – 17th October 2004, and

London, 23rd - 24th October 2004

26. Basic Life Support Course

Birmingham, October 2004

27. Obstetric Emergency Skills & Drills Course

University College London Hospitals, 4th February 2005

28. Reproductive Ethics Workshop

University College London Hospitals, 8th February 2005

29. Obstetric Anaesthesia Course

Middlesex Hospital, 10th February 2005

30. Medical Problems on the Delivery Suite

Institute of Child Health, London, 14th February 2005

31. Royal Society of Medicine, Registrars' Presentations

Royal Society of Medicine, London, 18th February 2005

32. Joint Meeting of the Mumbai Obstetrics & Gynaecology Society and the RCOG

Mumbai, India, 6th March 2005

33. Urogynaecology Meeting

North Middlesex Hospital, 18th March 2005

- 34. Masterclass in Endoscopic Surgery**
Oxford School of Endoscopic Surgery, Oxford University,
1st-2nd April 2005
- 35. Pre-implantation Genetic Diagnosis Workshop**
University College London Hospitals, 4th-5th April 2005
- 36. Practical Statistics for Medical Research**
University College London, 11th-14th April 2005
- 37. Basic Surgical Skills Course (RCOG approved)**
Chelsea & Westminster Hospital, 20th-22nd April 2005
- 38. Maternal Mortality.** Royal Society of Medicine. 22nd April 2005
- 39. Advanced Microsoft Word course.** University College London.
May 2005
- 40. BMA Annual Junior Doctors' Conference.** Active participant.
London 6th May 2005
- 41. Alternatives to Hysterectomy.** Joint teleconference with ACOG.
RCOG 10th May 2005
- 42. London Obstetric Medicine Society.** UCLH. 12th May 2005.
- 43. ALSO COURSE.** North Tees Hospital. 28th-29th May 2005.
- 44. Level 2 Laparoscopy course.** Birmingham. 11th-12th May 2005.
- 45. What's new in Obstetrics & Gynaecology?**
Royal Society of Medicine away day. Cambridge. 13th May 2005.
- 46. PowerPoint: Graphics, charts and animation.**
University College London. June 2005
- 47. Managing life in the NHS – educating towards Clinical Governance.**
Royal Free Hospital, 13th-17th June 2005
- 48. SpROG Conference.** Cambridge. 22nd-24th June
- 49. Paediatric and adolescent gynaecology workshop.** Cambridge.
24th June 2005.
- 50. Future of Obstetrics & Gynaecology.** Royal Society of Medicine.
3rd June 2005
- 51. West Midlands Obstetrics & Gynaecology Trainees Scientific Meeting.**
Birmingham, 5th August 2005.
- 52. Course on Implanon insertion.** Birmingham, 5th August 2005..
- 53. MRCOG Part 2 Course.** RCOG 6th – 7th August 2005
- 54. Management of Perineal Trauma Course.** Sheffield, 9th September 2005
- 55. Basic Theoretical Course for the Diploma of the Faculty of Family Planning (DFFP).** Margaret Pyke Centre, London, 12th-14th September 2005
- 56. Management of Labour Ward Course.**

RCOG, 3rd-7th October 2005

57. Diabetes in Pregnancy Joint RCOG/CEMACH meeting. RCOG 11th October 2005.

58. Victor Bonney Society Meeting. RCOG 13th October 2005.

59. Understanding the CTG: Fetal Monitoring Study Day. University College Hospital, Galway. 7th July 2005.

Publications / Posters

Khalil A, O'Brien P. Operative Vaginal Delivery (chapter). In: Studd J (ed). *Progress in Obstetrics and Gynaecology, Volume 16: 127-132.* Churchill Livingstone, London 2004.

Khalil A. Liver disease during pregnancy. *Ain Shams Journal of Obstetrics & Gynecology* 2004; 3.

Khalil A, O'Brien P. *Is the CTG a waste of time?* Journal of Obstetrics and Gynecology of India (in press).

Khalil A, Pandya P. *Prenatal diagnosis of Down Syndrome.* Journal of Obstetrics and Gynecology of India (in press).

Iskaros J, **Khalil A.** *Neonatal outcome following hypothyroidism in pregnancy.* In: Proceedings of the RCOG Conference – 'Improving the Health of Women: lessons from the past, hope for the future', Cairo. September 2005.

Submitted:

Motawe HM, Ibrahim A, Elian A, Fawzy M, **Khalil A.** *Diagnosis of a virilizing tumor using three-dimensional ultrasound.* Journal of Pelvic Medicine and Surgery.

Khalil A, Aslam N, Creighton S. *Laparoscopic management of omental ectopic pregnancy.* International Journal of Obstetrics and Gynaecology.

Khalil A, Kalleja J, Bell R, O'Brien P. *Cardiac arrest associated with uterine inversion during Caesarean Section.* British Journal of Obstetrics and Gynaecology.

Kalleja J, **Khalil A, Iskaros J, O'Brien P.** *Fibroid abscess (pyomyoma) following Caesarean Section.* British Journal of Obstetrics and Gynaecology.

Presentations

1. International Conference on AIDS

Cairo, 1st December 2002

Organised by UNESCO and World Bank

Member of debate team. Topic: AIDS in the international community

2. 5th Annual Conference on Rheumatic Diseases

Cairo, 28th-29th May 2003

Presentation: Gene therapy for rheumatic diseases

3. 26th Annual International Ain Shams Medical Congress

Theme: Medical challenges in the era of Evidence Based Medicine

Cairo, 22nd – 24th March 2003

Presentation: T-cell immunization in different rheumatological diseases

4. **Ain Shams University Hospital, Dept of Obstetrics & Gynaecology**
2nd November 2003
Case presentation: 'Twin pregnancy, fetal demise'

5. **Ain Shams University Hospital, Dept of Obstetrics & Gynaecology**
30th November 2003
Case presentation & literature review: 'Eclampsia'

6. **Ain Shams University Hospital, Dept of Obstetrics & Gynaecology**
14th December 2003
Case presentation: 'Placenta praevia & accreta'

7. **Ain Shams University Hospital, Dept of Obstetrics & Gynaecology**
2nd May 2004
Case presentation: 'Caesarean hysterectomy'

8. **Ain Shams University Hospital, Scientific Consensus Meeting**
11th December 2004
'Evidence based management of labour'

9. **Joint Meeting of the Mumbai Obstetrics & Gynaecology Society and the RCOG, Mumbai, India, 6th March 2005**
Panellist in Panel Discussion: 'Infectious Diseases in Pregnancy'

10. **UCLH Department of O & G Journal Club**
11th March 2005
'Secondary Cytoreductive surgery in advanced ovarian cancer'

11. **Audit of Perinatal Mortality at UCLH, January 2004-March 2005. With Miss Jo Modder of CEMACH. Presented at UCLH audit programme 15th June 2005**

12. **Understanding the CTG: Fetal Monitoring Study Day.** University College Hospital, Galway. 7th July 2005.
The evidence.
Baseline, accelerations and decelerations.

13. **West Midlands Obstetrics & Gynaecology Trainees Scientific Meeting.** Birmingham, 5th August 2005.
Presentation: Perinatal Mortality in UCLH 2004.
Poster presentation: Cardiac arrest associated with uterine inversion during Caesarean Section.

14. **Audit of IUI in women with endometriosis.** UCLH 22nd September 2005.

15. **Diabetes in Pregnancy Joint RCOG/CEMACH meeting.** RCOG 11th October 2005.

16. **Victor Bonney Society Meeting.** RCOG 13th October 2005.
Laparoscopic management of omental ectopic pregnancy

Teaching Experience

I have taught medical students, junior residents and nurses informally through clinical work and at tutorials. I have also taught midwives and other junior doctors on the UCLH Skills & Drills Course.

I also lecture on the University College London Hospitals CTG study day 'Understanding the CTG'.

Research, audit & guidelines

1. Aetiology and treatment of infertility (Literature review) 1999
2. Diagnosis and management of Tuberculosis (Literature review) 2001
3. Pre-invasive lesions of the cervix (Literature review) 2002
4. Thesis in progress for Masters Degree:
Correlation between peritoneal cytology and lymph node metastasis in endometrial carcinoma
5. **Audit of Perinatal Mortality at UCLH**, January 2004-March 2005.
With Miss Jo Modder of CEMACH.
Presented at UCLH audit programme 15th June 2005
6. **Review of Intrapartum Stillbirths at UCLH in 2004** by multidisciplinary team consisting of neonatologist, senior obstetrician, consultant midwife.
Conducted along the lines of CEMACH report.
7. **Guideline for the management of reduced fetal movements.**
Development of patient information leaflet on reduced fetal movements.
UCLH 2005.
8. **Guideline for management of breech presentation.** UCLH 2005.
9. **Guideline for External Cephalic Version.**
Development of patient information leaflet on ECV.
Development of ECV pack.
UCLH 2005.
10. **Miscarriage ‘pack’**, including checklist, patient information sheet, junior doctors’ guidance sheet, consent form and blood forms. UCLH 2005.
11. **Audit of screening for Chlamydia for women undergoing ERPC.**
UCLH 2005
12. **Audit of IUI in women with endometriosis.** UCLH September 2005.
13. **Trust Audit of standards of record-keeping.** UCLH August-September 2005.

Languages

- Arabic written and spoken (fluent)
- English written and spoken (fluent)
- French written and spoken (intermediate)

Society Memberships

1. British Medical Association

I have just been selected as the North Thames Regional Junior Doctors’ Committee representative to the London Regional Council of the BMA

2. Royal Society of Medicine

I regularly attend meetings at the RSM.

Career Objectives

I am an enthusiastic clinician and plan to pursue a career in Obstetrics and Gynaecology in the United Kingdom.

It is still too early in my career to have made any decisions about sub-specialisation, but I am already particularly interested in Genito-Urinary Medicine, and Feto-Maternal Medicine.

With this in mind, I plan to sit for the Diploma in GU Medicine in December 2005

**Extra-curricular
interests**

Travel
Music
Gymnastics
Languages

Referees

Professor Mohammed Laban
Department of Obstetrics & Gynaecology
Ain Shams University Hospital
Abbasiya
Cairo

Professor Eric Jauniaux
Professor of Fetal Medicine
Department of Obstetrics & Gynaecology
University College London Hospitals
Huntley Street
London

Mr Pranav Pandya
Department of Obstetrics & Gynaecology
University College London Hospitals
Huntley Street
London

Mr Joseph Iskaros
Department of Obstetrics & Gynaecology
University College London Hospitals
Huntley Street
London